

**CLINICAL EDUCATION IN PASTORAL COUNSELING
CURRICULUM
2010-2011**

COURSE NUMBER AND DESCRIPTION		
<u>FIRST YEAR, FIRST SEMESTER</u>		
<p>1301: Foundations of Mental Health Counseling and Consultation An introduction to the counselor's commitment to persons. the basic listening stance, the working alliance, meaningful vs. questionable goals, exploratory techniques, and pastoral contributions.</p>		
<p>1302: Group Dynamics I Candidates form themselves into a group and employ self-study as a method of understanding group dynamics.</p>		
<p>1303: Counseling Theory A conceptual framework for understanding psychic functioning, including a congregant's psychosexual development, ego states, attachment, trauma, and religious perspective.</p>		
<p>1304: Professional Orientation and Ethics Candidates meet in groups of 2 or 3 with a supervisor to affirm their professional and ethical grounding as they begin to discuss actual counseling in their ministry settings.</p>		
<u>FIRST YEAR, SECOND SEMESTER</u>		
<p>1351: Practicum I: Matching Technique with Assessment Assessing the unknown counselee when time is short. Techniques for working with counsees across the psychopathological spectrum. Given in tandem with the companion Course #1353.</p>		
<p>1352: Group Dynamics II A continuation of Course #1302.</p>		
<p>1353: Psychopathology I A conceptual understanding of the psychopathological spectrum including psychosis, borderline and narcissistic conditions, personality disorders, and the nature of neurotic conflict. Given in tandem with the companion Course #1351.</p>		
<p>1354: Clinical Instruction I The small group of candidates and supervisor formed in Course #1304 continue meeting to discuss specific clinical principles in working with</p>		

specific counselees in each candidate's ministry.		
SUMMER SEMINARS		
1374: Assessment and Appraisal of Couples and Families An introduction to Systems Theory. An orientation to the specialized aspects of understanding and working with two or more counselees in the room.		
1375: Psychopathology II: Addictions An orientation to specialized aspects of understanding counselees whose need states and psychic functioning are influenced by chemicals. Counseling and referral strategies.		

<u>SECOND YEAR, FIRST SEMESTER</u>		
<p>2301: Practicum II: Recognizing and Responding to Social and Cultural Factors Methods of responding to counselees with particular sensitivity to and focus on needs and forces that influence feelings and behaviors outside individualized profiles.</p>		
<p>2302: Assessment and Appraisal of Groups and Their Functioning The group formed during the first year continues with a different group facilitator. The self-study method is expanded to include assessment of the group's relative strengths and weaknesses in meeting the group's organic needs.</p>		
<p>2303: The Lifecycle: Infant, Child, and Adolescent Growth and Development A useable conceptual understanding of the psychic, relational, and cultural factors that influence counselees in these formative years.</p>		
<p>2304: Clinical Instruction II Candidates meet with a different supervisor in small groups different from the first year. The nature of transference and countertransference is examined with reference to actual work with counselees in the candidate's ministry setting.</p>		
<u>SECOND YEAR, SECOND SEMESTER</u>		
<p>2351: Practicum III: Pastoral Role and Identify Exploration of the transference-countertransference matrix is expanded by integrating clinically helpful techniques with the candidate's personal style and spiritual orientation.</p>		

<p>2352: Problem Solving in Groups Previous semesters of group experience form the foundation for a didactic discussion of problem-solving approaches to groups in the candidate's ministry setting.</p>		
<p>2353: The Human Lifecycle: Adult Growth and Development into Older Age A useable conceptual understanding of the psychic, relational, and cultural factors that influence counselees during their adult lives and geriatric years.</p>		
<p>2354: Clinical Instruction III A continuation of Course #2304, examining actual work in the candidate's ministry setting with the goal of reaching seamless congruence between counselee dynamics, the candidate's clinical understandings, and the style of interaction used to bring resolution and growth.</p>		

ELECTIVES:		
1391: Mental Health Counseling and Consultation Techniques, goals, and parameters in undertaking a mental health consultation.		
1392: Vocational Counseling A conceptual grounding in the goals and obstacles counselees face in establishing a vocational pathway; techniques for facilitating growth and resolution.		
1393: Lifestyle and Career Development A conceptual grounding in the goals and obstacles counselees face in expanding their personal lives and vocational choices across the life cycle.		
1394: Research Methods An introduction to quantitative and qualitative methods of conducting and evaluating research.		
1395: Program Evaluation Methods of assessing the needs, goals, strategies and accomplishments of programs in the mental health domain.		
1396: Social and Cultural Factors in Counseling A general exploration of the role of society and culture in formulating individual needs, goals, and conflicts. Or, alternatively, an examination of a specific culture's expectations and influence on the psychic and relational needs. Goals and conflicts of its members.		
1397: Extended Supervision Supervision during the summer with a supervisor of the candidate's own choosing. This elective should be taken if the candidate intends to log counseling sessions with congregants during the summer to fulfill program requirements for graduation.		
1398: Special Studies in Pastoral Counseling A tutorial project. Special issues or interests are studies with a faculty member of the candidate's own choosing. This elective may be required of a candidate who has not received a satisfactory evaluation for part of the curriculum.		
1399: Individualized Supervision A candidate may elect to meet one-on-one with a supervisor in lieu of Courses #1354, 2304, or 2354.		

FIRST YEAR, FIRST SEMESTER

1301: Foundations of Mental Health Counseling and Consultation

1302: Group Dynamics I

1303: Counseling Theory

1304: Professional Orientation and Ethics

D.Min 1.3 – The Psychology of Faith -

Seminar Topics include the psychology and spirituality, infantile sources of spiritual yearning, pathological religious experience, and a developmental model of religious expression. Readings from Mahler, Klein, Ostrow, Fromm, and biblical texts.

OR

D.Min Dynamics of the Liturgical Experience-

The liturgical experience is explored with a focus on space, time, physicality, and language. The development, of ritual and the role it plays in human need is studied from a cross-cultural/interfaith perspective. A micro-analysis of the individual prayer moment is contrasted with the totality of the liturgical setting.

Classes are scheduled for each semester on Mondays between 9:00 a.m. and 4:00 p.m. during the academic year at the:

FIRST YEAR, SECOND SEMESTER

1351: Practicum I: Matching Technique with Assessment

1352: Group Dynamics II

1353: Psychopathology I

1354: Clinical Instruction I

D.Min Theology and Pastoral Care-

An integrative course to help students bring together their religious faith and their experience in this program.

Or

D.Min Spiritual Guidance-

Study of a person's relationship to God. The approach is interdisciplinary; exploring the history of this ministry as well as the psychological, sociological, ethical, biblical, and theological components of this practice.

SUMMER SEMINARS

1374: Assessment and Appraisal of Couples and Families

1375: Psychopathology II: Addictions

SECOND YEAR, FIRST SEMESTER

2301: Practicum II: Recognizing and Responding to Social and Cultural Factors

2302: Assessment and Appraisal of Groups and their Functioning

2303: The Human Lifecycle: Infant, Child, and Adolescent Growth and Development

2304: Clinical Instruction II

D.Min 1.3 – The Psychology of Faith -

Seminar Topics include the psychology and spirituality, infantile sources of spiritual yearning, pathological religious experience, and a developmental model of religious expression. Readings from Mahler, Klein, Ostrow, Fromm, and biblical texts.

OR

D.Min Dynamics of the Liturgical Experience-

The liturgical experience is explored with a focus on space, time, physicality, and language. The development, of ritual and the role it plays in human need is studied from a cross-cultural/interfaith perspective. A micro-analysis of the individual prayer moment is contrasted with the totality of the liturgical setting.

Classes are scheduled for each semester on Mondays between 9:00 a.m. and 4:00 p.m. during the academic year at the:

SECOND YEAR, SECOND SEMESTER

2351: Practicum III: Pastoral Role and Identity

2352: Problem Solving in Groups

2353: The Human Lifecycle: Adult Growth and Development into Older Age

2354: Clinical Instruction III

D.Min Theology and Pastoral Care-

An integrative course to help students bring together their religious faith and their experience in this program.

Or

D.Min Spiritual Guidance-

Study of a person's relationship to God. The approach is interdisciplinary; exploring the history of this ministry as well as the psychological, sociological, ethical, biblical, and theological components of this practice.

ELECTIVES:

1391: Consultation

1392: Vocational Counseling

1393: Lifestyle and Career Development

1394: Research Methods

1395: Program Evaluation

1396: Social and Cultural Factors in Counseling

1397: Extended Supervision

1398: Special Studies in Pastoral Counseling

1399: Individualized Supervision

The Intensive Seminars should be titled:

Number XXXX: Integrating Pastoral Counseling Theory and Practice I

Number YYYY: Integrating Pastoral Counseling Theory and Practice II

On the NYS Form entitled “Mental Health Counseling Content Areas,” this proposed outline would cover the required areas as follows:

Human Growth & Development

2303: The Human Lifecycle: Infant, Child, and Adolescent Growth and Development

2353: The Human Lifecycle: Adult Growth and Development into Older Age

Social and Cultural Foundations of Counseling

1396: (Elective) Social and Cultural Factors in Counseling

2301: Practicum II: Recognizing and Responding to Social and Cultural Factors

Counseling Theory and Practice

1303: Counseling Theory

1351: Practicum I: Matching Assessment and Technique

XXXX (Intensive Seminar) Integrating Pastoral Counseling Theory and Practice

I

YYYY (Intensive Seminar) Integrating Pastoral Counseling Theory and Practice

II

Psychopathology

1353: Psychopathology I

1375: Psychopathology II: Addictions

Group Dynamics

1302: Group Dynamics I

1352: Group Dynamics II

2352: Problem Solving in Groups

Lifestyle and Career Development

1392: (Elective) Vocational Counseling

1393: (Elective) Lifestyle and Career Development

Assessment and Appraisal of Individuals, Couples, Families, and Groups

1353: Psychopathology I

1374: Assessment and Appraisal of Couples and Families

2302: Assessment and Appraisal of Groups and their Functioning

Research and Program Evaluation

1394: (Elective) Research Methods

1395: (Elective) Program Evaluation

Professional Orientation and Ethics

1304: Professional Orientation and Ethics

Foundations of Mental Health Counseling and Consultation

1301: Foundations of Mental Health Counseling and Consultation

1391: (Elective) Consultation

Clinical Instruction

1354: Clinical Instruction I

2304: Clinical Instruction II

2354: Clinical Instruction III