



## GUIDE TO JERUSALEM

2006-2007

היברו יוניון קולג'-מכון למדעי היהדות

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# **Section I: The World of HUC**

## **Welcome to Jerusalem and Hebrew Union College!**

These are extraordinary times and you will be confronted with extraordinary challenges. Your year in Israel will be a year of learning, discovery and growth. You will encounter a new, different, sometimes bewildering culture that can be radically secular and still intensely Jewish. You will be exploring and forging your own beliefs and practices this year, while grappling with questions of Jewish identity and survival. You will be learning to feel at home with the Hebrew language, our ancient and modern heritage. All this against the stark reality of the modern State of Israel struggling to find a way to live at peace with our neighbors while safeguarding the right of Jewish sovereignty and security.

The administration, staff and faculty of the Hebrew Union College Jerusalem Campus pledge to help and guide you through this unique experience. Use this handbook as your first resource and know that our doors are always open to you - please enter...

## **CAMPUS**

Hebrew Union College-Jewish Institute of Religion is located in the heart of Jerusalem, overlooking the Old City walls. The College is part of an educational complex comprising the Administration Building, the Abramov Library, the Bernard Heller Torah Center and the Skirball Center for Biblical & Archaeological Research, which houses the Nelson Glueck School of Biblical Archaeology and the Skirball Museum. It also includes the Beit Shmuel Guesthouse, Cultural Center and headquarters of the Israel Movement for Progressive Judaism, the Mercaz Shimshon headquarters of the World Union for Progressive Judaism and theater as well as the Israel Office of the Union of American Hebrew Congregations.

### **RAU ADMINISTRATION BUILDING**

The Rau Administration Building contains the William Murstein Synagogue and the Administrative Offices of the College. This includes the offices of the Dean and Associate Dean, Administrative Director, Registrar's Office, Office of Student Services, Israeli Rabbinic, Recruitment and Outreach Office, the Bookkeeping Department and the Maintenance Department offices, some teachers' offices as well as the NFTY and Union for Reform Judaism (URJ) - Israel office.

### **BERNARD HELLER TORAH CENTER (CLASSROOM COMPLEX)**

The classrooms, located in the Rabbi Bernard Heller Torah Center are clustered around a reflecting pool in the Albert and Marilyn Gersten Courtyard. Among the classrooms are the Music Room and the Offices of the Cantorial Program. Some of the Teachers' Offices as well as the Arnold and Muriel Rown Faculty Conference Room (the Teachers' Room) are located on the second floor of the Classroom Complex.

### **GOTTSCHALK FAMILY STUDENT LOUNGE (THE MOADON)**

The Student Lounge is open from 7:30am to 5.00pm. Arrangements can be made to extend the hours, in consultation with the Office of Student Services. There is kiosk selling a variety of food at reduced prices and a microwave and refrigerator are available for students to use. Student lockers are located in the rear of the lounge. The Moadon is set up with a wireless system for laptop computers.

### **CAMPUS GYM**

There is a gym, equipped with treadmill, stationary bike, elliptical, free weights and weight lifting machine located in the bomb shelter in the underground parking lot, next to the Moadon. Students can register to use the facilities for a 50 NIS annual fee and will be issued keys to the facilities.

## **FEINSTEIN BUILDING**

Located opposite the Student Lounge, the Feinstein Building comprises the residence of the President of HUC-JIR on the top floor and a pre-school nursery and kindergarten on the lower floors.

## **ABRAMOV LIBRARY**

The S. Zalman and Ayala Abramov Library is open Sunday-Thursday from 8:15am-4:45pm. In past years, students were paid to keep the library open after hours. Hours may be extended during exam periods and abbreviated during vacations. Please see the Head Librarian if you are interested in working.

Reserve materials that are needed for course work are found at the Circulation Desk. They may be checked out at 4:30 pm for next day return at 9:00 am. You may borrow up to four books from the general collection for two weeks. The library collection supports your classroom curriculum as well as outside research and reading. The librarians will be happy to offer bibliographic assistance.

The general reading areas are quiet areas. To avoid unpleasant situations please limit group study and personal conversations to the study and seminar rooms. Eating, drinking, and smoking are strictly prohibited in the library. Violators will be asked to leave.

Classes vary in character and libraries need change. We are always interested in hearing your suggestions and constructive criticism regarding acquisitions and library procedures.

Additional library information and locations can be found in this booklet under the “Hebrew University-Library” and “Public and Private Library” sections.

- **PHOTOCOPYING**

There is a photocopier for self-service, student and public use, on the 1<sup>st</sup> floor of the library. Copy cards may be purchased at the Library Circulation Desk. Copies done for the College can be billed to the appropriate department.

- **COMPUTER SERVICES**

The second floor of the library houses the Daniel Rechler Student Computer Center which contains workstations and printers for student use.

The Library is set up with a wireless system for laptop computers.

## **SKIRBALL MUSEUM OF BIBLICAL ARCHAEOLOGY**

The Skirball Center for Biblical and Archaeological Research and Museum comprises the offices of the Nelson Glueck School of Biblical Archaeology and the museum itself which highlights its excavations at Dan, Gezer and Aroer. The Museum is open Sunday, Tuesday and Thursday from 10:00 am–4:00 pm.

## **CAMPUS AND GENERAL SECURITY**

### **FACILITY HOURS:**

#### **ADMINISTRATION BUILDING**

Sun.- Thurs. 7:30am - 5:00pm

Sat. 9:00am - 2:00pm

#### **ABRAMOV LIBRARY**

Sun.- Thurs. 8:15am - 4:45pm

The Library hours may be extended in consultation with Chief Librarian.

#### **GOTTSCHALK FAMILY LOUNGE/MOADON**

Sun.- Thurs. 7:30am - 5:00pm

Fri - 7:30 am – 1:00 pm

The Moadon may be kept open in consultation with Office of Student Services

#### **CANTORIAL PRACTICE ROOMS (106 & 108)**

Sun.- Thurs. 8:00am - 8:00pm

#### **THE SKIRBALL MUSEUM**

Sun., Tues. Thurs., 10:00am - 4:00pm

Sat. 10:00am - 2:00pm

#### **BEIT SHMUEL**

Sun.- Thurs. 7:30am - 5:00pm

NOTE: Classes and activities are also scheduled during and after usual hours, so rooms may not always be available. If you wish access to classrooms or the Gottschalk Family Lounge, arrangements must be made in advance with the Office of Student Services.

There is always a security guard at the entrance to the College. Another guard is stationed at the parking lot entrance on King David Street. PLEASE REMEMBER THAT THE SECURITY GUARDS' JOB IS TO KEEP HUC SAFE! Keep your student ID cards with you and do not be insulted if the guard asks you who you are and why you are on campus.

If you discover any problems on campus, e.g. safety, electrical, plumbing etc. please report it to the Administrative Director, Dan Cannan.

## **IMPORTANT CAMPUS TELEPHONE NUMBERS:**

Security	x313, x88454 (Beit Shmuel)
HUC Maintenance	x311
Rahamim Goren	057-222-0807
Faiz Khalaf	057-222-0804
Mati Nagari	057-222-0805

## **SECURITY ON CAMPUS**

Do not leave belongings and valuables unsupervised; either carry them with you, put them in the HUC safe or leave them in your locker.

Be suspicious of any object or package left unattended. Should you encounter a suspicious object (chefetz chashood), DO NOT TOUCH IT. Ask people standing in the area whether it belongs to any of them. If no one claims it, direct people in the vicinity away from the object and prevent everyone from approaching the object. Call the security officer. This procedure should be followed on- and off-campus. In general:

Immediately notify the security officer (at the front desk of the Rau Building/tel.313) if you notice any security/safety problems.

Always contact the security officer before calling the police.

The members of the Security Department are always at your service.

Lock all windows and doors at the conclusion of your activities. The Security Department reserves the right to inspect the belongings of anyone leaving the building, please cooperate since the purpose of these checks is to protect institutional and personal property.

## **LOST AND FOUND**

If you find a lost object, take it to the Maintenance Office or the receptionist. If you lose anything, check with those Departments. NOTE: According to state law, lost articles which are found in institutions are transferred once a month to the Israeli Police Lost and Found at 107 Yaffo Street. If the article is not claimed within two months, it is returned to the institution and the original finder has the right to keep it.

## **FIRE PREVENTION/SAFETY MEASURES**

Be sure you are aware of the location of fire extinguishers.

At the conclusion of activities, shut off all lights and electrical equipment

Obey “no smoking” signs. All buildings are non-smoking.

In case of fire, call the security officer.

## **GENERAL SECURITY TIPS IN ISRAEL**

A roommate, friend, or HUC employee should know your whereabouts at all times. This applies to late nights in the city as well as trips within or outside of Israel. Take your cellphone with you.

Do not tour the Old City alone at night! It is strongly recommended that female students in particular do not walk or jog alone in thinly populated areas. Although Jerusalem is safer than most large suburbs in the United States, it is advisable to take extra precautions until you develop a “feel” for the city.

Female students - be prepared for a more conservative society! Israel is part of the Middle East and its standards of dress are relatively conservative. “Short-shorts” attract attention and you may be stared at, followed, or rudely addressed. A verbal response on your part is considered a “come-on”. So, the best way to deal with it is to simply ignore it. Just be careful and wary.

### **NEVER HITCHHIKE!**

In the past, student apartments have been burglarized. Remember:

- Do not open your apartment doors to strangers. Be sure your apartment is locked at all times. If you don’t have a dead bolt on your door, get one. Use the peep hole or get a “peep chain”.
- Always lock up your valuables when leaving your home. This includes your passport and cash. HUC has a safe that is accessible by the Office of Student Services.
- If you have valuable electronic equipment, including computers, consider renter’s insurance.

## **STUDENT ACTIVITIES**

The following is a summary of some of the major activities in which students are involved throughout the year. Some of these are initiated and conducted by the students, others by the HUC Office of Student Services. The Office of Student Services will provide any help possible to students in organizing programs during the year.

### **VA'AD HASTUDENTIM**

A student committee (Va'ad) is an important vehicle of communication between the student body and the administration. It is highly recommended that the Va'ad will be formed as early as possible.

### **VA'AD KEHILLAH**

This committee has three main functions:

- Acknowledge birthdays, anniversaries and other important dates such as yahrtzeits
- Ensures that people who are out of school for illness or being taken care of with meals, errands, and school work
- Ensures that those who want, have a place to go to celebrate Shabbat and other chagim

### **HOME HOSPITALITY**

The Office of Student Services will arrange Jerusalem Shabbat dinner hospitality, as well as hospitality with Progressive congregations, kibbutzim, and organizations throughout Israel. It is highly recommended that students participate as a way of meeting Israelis and getting involved in Israeli society. "Israeli Society - Home Hospitality" has additional information

### **COMMUNITY SERVICE LEARNING**

Community service is an important and exciting element of the Year-in-Israel program. It encourages students to become familiar with various aspects of Israel while, at the same time, contributing to the country. All students are required to participate in a community service project for 2-3 hours per week beginning in September. Appropriate placements and subsequent supervision are facilitated through the HUC Office of Student Services. If a student would like to begin in the summer, this can be arranged. Cantorial students' community service project includes participation in the HUC Cantorial Student Ensemble, but is not limited only to this service. Service learning sessions will compliment students' community service.

### **TZEDAKAH COLLECTIVE**

The student-run collective has, in past years, been extremely active and successful in raising money and in developing awareness about many various needs of the community and different organizations which provide social services. Although a core group has always run the Collective, its successes have only been possible through the generosity, the help and talent of the entire class. Some of the programs

sponsored by the Tzedakah Collective in past years have included a Beit Cafe; a “mazon” program which collects food and distributes it before holidays; sending “Mishloach manot” plates for Purim; presenting flowers to people in hospitals; etc. Some organizations, which have benefited from the efforts of the Collective have been: Lifeline for the Aged, Shelter for Battered Women, Interns for Peace, and Alyn Hospital. The HUC Office of Students Services has more detailed material about previous Tzedakah Collectives.

### **STUDENT NEWSPAPER/WEBSITE/FTP SITE**

A student-run newspaper/website can give the student body, faculty, and administration an opportunity to express opinions. At the same time, it is an important tool to communicate happenings on campus, and can be coordinated with the HUC Office of Student Services monthly calendar of events. Many classes have websites, which are used to communicate HUC life to family and friends back home. The class also set up an FTP site, which was used as a depository for study guides, divrei torah, calendars and videos. If you would like to set up something similar for your class, speak with the Office of Student Services.

# **Section II: Moving to Israel**

# ISRAELI SOCIETY

## **AN OVERVIEW**

Israelis work a five- or six-day week, which begins on Sunday. The working day starts at 7:30-8:00am in offices, schools, food stores, and supermarkets. Other shops and businesses usually open by 9:00am or 10:00am. Government offices, which keep summer and winter hours, are usually open from 8:00am-3:00pm, and most are closed to the public on Friday. As in most Mediterranean countries, many Israelis still enjoy an afternoon siesta. You may find that telephones and doorbells will not be answered between 1:00-4:00pm.

When visiting synagogues, mosques, churches, holy sites, or ultra orthodox neighborhoods (such as Mea She'arim) head and shoulder covering should be worn. DO NOT wear shorts in the Old City, and DO NOT drive your car through ultra-orthodox areas on Shabbat - roads are blocked until Havdalah (an hour after sunset on Saturday).

Traditionally, the main (hot) meal of the day is generally served between 1:00-3:00pm, and many Israeli homes, restaurants and cafes are geared to this habit. Supper is a "movable feast" and is taken according to the working or social patterns of the family. The tradition of "aruchat-esser" (the 10:00 morning break) starts with nursery school and finishes with retirement. If you have children, send them to school with a small sandwich and fruit.

An old local and specifically Jerusalem custom is that of buying nuts for Shabbat. Nearly every kind - freshly roasted peanuts ("botnim"), coated peanuts, pistachio ("fistuk"), salted almonds, and hazelnuts ("shkedim" or "egozim"), sunflower seeds ("gar'inim"), even pecan and cashew nuts - are available at the many specialist nut shops. Another countrywide custom for Friday (or any other day) is buying flowers. There is always a wide variety at a price to suit every purse.

## **ENTERTAINING AT HOME**

Some visitors and olim complain that they find it difficult to penetrate Jerusalem society and after introductory meetings months go by without an invitation to an Israeli home. Expecting the warm, exuberant Jewish personality, they are disappointed to find a wall of cool indifference, even stand-offishness, between them and the Israeli. There are many reasons for this. Israelis are basically shy with newcomers whose backgrounds and habits may be quite different. They work at a breakneck pace, relax less than other people, and are burdened with innumerable problems. It is, therefore, not surprising that at the end of the day they are tired, and perhaps understandably try to avoid the added strain of an evening's conversation in another language.

A word of advice: Do not wait for the invitations to roll in but issue some yourself. You may be surprised how flattered and receptive your Israeli neighbor will be, and it will certainly break the ice. Like the definition of the sabra (the fruit of the cactus from which the Native born Israeli gets his name), they are "hard and prickly on the outside but soft and sweet on the inside". It is often a matter of give-and-take and getting used to one another rather than standing in the wings and watching the performance. When you are invited for coffee, however, the evening usually starts about 9:00-10:00pm unless your hostess states otherwise. A weeknight visit will usually break up before midnight, but Friday nights are the time for relaxation and you can look forward to a long evening.

## **RELIGIOUS CUSTOMS**

Shabbat (Saturday) and Festivals are official holidays. Sunday is observed by Christians, and Friday is observed by Moslems throughout the country. This can best be seen in the Old City, where Moslem-owned stores are closed on Friday, Jewish-owned stores, in old and new Jerusalem, are closed on Saturday, and some Christian-owned stores are closed on Sunday.

Shabbat and holiday festivals (“Chagim”) commence forty (40) minutes before sundown on the previous day and end the next day with the appearance of three stars after the sunset. Shops begin to close between 1:00-2:00pm, and public transportation ceases at about 4:00pm and resumes with the termination of Shabbat or the holiday. (Friday newspapers list times of beginning and conclusion of Shabbat).

Shabbat and festivals are part of the atmosphere at home, in school and outdoors. Sukkot, Pesach and Shavuot (the three pilgrimage festivals- “Shloshet Ha’Regalim”, originally marking the spring, summer and autumn harvests, for which thanks were offered up to God in the Temple) celebrations overflow into the street and have a special significance when worshippers come to rejoice and pray at the Western Wall (“Kotel”).

## **THINGS TO REMEMBER ABOUT SHABBAT IN JERUSALEM**

### FRIDAYS:

Usually, there are no classes on Friday so this is often a good time to

- Sleep in. Important!
- Go on day trips, or tiyulim over Shabbat.
- Run errands: Do banking - open from 8:30am to 12:00pm on Fridays; pay bills; go to the Post Office. Keep an eye on these times, it can vary from bank to bank and from day to day.
- Buy a newspaper, Friday is the big paper of the week. The "In-Jerusalem" section of the *Jerusalem Post* is your best source for finding out what is going on in Jerusalem.
- Shop early to beat the crowds, especially at Machane Yehudah (depending on the security situation and what is comfortable for you). Most stores are open late Thursday for just this reason (some grocery stores are open all night on Thursday). If you shop late on Friday you can get good deals on the produce at Machane Yehudah.

STORES close on Friday in the late afternoon, some reopen on Saturday night.

EGGED: Municipal bus service shuts down 2 hours before Shabbat begins in Jerusalem. It resumes 1 hour after the end of Shabbat. Inter-city buses operate more liberally on Shabbat, than those in Jerusalem, check with Egged.

NEIGHBORHOOD BAKERIES sometimes run out of challah by mid-day. Many other neighborhood shops close down by early afternoon. Florists tend to stay open longer.

### SPECIAL TIMING:

KABBALAT-SHABBAT SERVICES typically begin half-hour after published candle lighting time, which can be found on the front page of Friday papers.

SHABBAT DINNER is usually after services on Friday evenings, even during the summer when services begin so late.

Several taxi companies operate on Shabbat. It may be a good idea to carry the phone number of one or two services with you if you are wandering far.

#### SATURDAY

Shabbat morning services typically begin later at Progressive synagogues (9:00am or 9:30am) than at Orthodox synagogues (8:00am or 8:30am). It is important to get to some synagogues early - like “Kol HaNeshamah” and the Great Synagogue - as seats go fast, especially during the summer.

Shabbat lunch is after morning services, usually around 1:00pm, and often extends until 3:00 or 4:00pm. Remember that this is the main Israeli meal. Many Israelis spend the late afternoon resting.

In the past, students developed an HUC student minhag for Shabbat afternoon, e.g. studying the parashat hashavua or playing Ultimate Frisbee in a local park.

Motzaei Shabbat (Saturday evening)- take a stroll on Ben Yehuda St., Yoel Solomon St., or Emek Refaim: restaurants, coffee shops and some stores open, bus service resumes.

## CULTURE SHOCK

(From "Taking-Off in Israel" by Fern Reiss)

"You have been on the kibbutz for two months. You settled in with no problems, you like your room and your roommates. You have a good job, and your adoptive family is working out just fine. You are glad you have made the decision to come here, and Israel's a marvelous country.

Then one morning, you wake up with a sore throat. You have a headache, maybe you have the flu. Your whole body feels like it is been put through a meat grinder. Your roommate suddenly is not acting nicely. You stay in bed a day or two, but the symptoms do not go away. You reluctantly go back to work because you have to. Your co-workers are obnoxious, they do not care, and they give you all the scummy jobs to do. You realize that it has been happening since you arrived; you just never noticed. You are depressed, you want to go home. Your adoptive family does not understand; and anyway they are not nearly as wonderful as the family you left behind in the States. Your cold is still hanging on, you are having a problem getting up in the morning, people keep snapping at you and you frequently burst into tears. You are sorry you came, and the only thing you can think about is going home.

You have developed a classic case of culture shock. Culture shock is a psychological disease, although it is accompanied by real physical symptoms. It afflicts long-term visitors to different civilizations. It is an odd, hard-to-understand, and universal phenomenon. Culture shock is not a nightmare from the start. In the beginning, it takes the form of a sort of general euphoria, like inhaling a weeklong supply of nerve gas. Tourists in Israel are hit hard by this euphoric stage of culture shock. Most leave the country before depression sets in. To them Israel remains amazing, lovely, romantic, holy, spiritual and fascinating. The people are charming, the lifestyle is refreshingly non-materialistic and the customs are "quaint and precious". They coast along on a little cloud of isn't-it-wonderful; they amble happily through the crowded streets and bustling marketplaces snapping pictures all the way, wishing they could stay.

The problem, of course, is when they do.

The initial stage of culture shock takes a while to wear off. It can last for a month, or even three, depending on a variety of factors. Sooner or later, however, the joy ride is over. The crash is all the more unsettling because it is so unexpected.

Suddenly, the different culture no longer impresses you. You stop noticing flowerboxes in the windows and begin seeing the dirty laundry hanging out. You get sick from the weird food that has replaced your basic meat and potatoes diet - eggplant five times a day, salad for breakfast, falafel instead of hamburger. The little things you found cute and charming during your first few months begin to grate on your nerves. Buses are slow and packed to the gills. There is nothing to do at night. The people are pushy and obnoxious. That liltily beautiful Hebrew language now sounds sharp, guttural, and harsh. And frustrating as all heck since you cannot understand more than a few words of it. You are sick of the lines everywhere - in banks, stores, and bus-stations. The chickens and roosters in the Arab markets that you gleefully snapped with your camera your first week in Israel are now a nuisance that impedes your every trip to the tomatoes.

You can no longer remember why you left home, why you came to this miserable, barbaric, hot (or freezing, depending on the season), dinky little country, leaving behind loved ones for a crummy job and lousy food and no friends. You start dreaming about going home; maybe you count your money to

see if there is enough for a return ticket...

**STOP RIGHT THERE!** You are deep in the clutches of culture shock.

The problem with culture shock is that it hits you so unexpectedly. But that, quite frankly, is our own fault. It is unrealistic to expect that living in an alien society where you do not know the people and do not speak the language will be anything but traumatic. The catch is that you do not feel it right away; when it hits, it is all the more worrisome.

Why, you may ask, is my homesickness, or disillusionment, or whatever you are calling it, giving me diarrhea? Why do I feel like I just ran the marathon? When did my roommates suddenly turn into wicked stepsisters?

Nobody knows the answers to these questions. Several places in Israel currently sponsor lectures, seminars, and workshops for students afflicted by the disease. But it remains unclear why, after a few months, these feelings emerge.

What is evident is that they do emerge, that they emerge sooner or later in everyone, and that, without the right attitude and forewarning, many people go home before culture shock has run its natural course and passed. And **IT WILL PASS**. So take a deep breath, resist buying that return ticket, and try these tips to get you on the road to recovery:

Talk to Israelis about Israel. Culture shock is in some way tied up with homesickness, loneliness, and feelings of alienation. Talking with natives can often surmount these feelings.

Try to participate in all the activities you can. Depending on what program you are in, try joining weekend and evening community activities. Reach out, and do not be afraid to meet new people.

#### **HOW TO HANDLE “CULTURE SHOCK”**

Support “other participants” in your program. Chances are good that they are going through the same thing you are - or they will be soon.

Be supportive and discuss the way you feel. But be careful not to let your rap sessions turn into self-pity clubs. The quickest way out of your doldrums is to get them off your mind, not to dwell on them.

Speak Hebrew, be willing to make a fool of yourself. Living in any country is easier when you know the language. **KEEP TRYING**: it is not a particularly easy language to learn, but it's not impossible.

Be assertive. If some of your feelings stem from a raw deal you have been getting, speak up. If your work situation is not what you expected, or if you are being asked to undergo unfair living conditions, speak to your program director. Don't complain about things you were warned to expect, or about circumstances that cannot be helped, but do not be afraid to point out problems that can and should be solved.

Write to family and friends. When you are in the throes of culture shock, the temptation is very strong to stop responding to mail. Whether it is because you have not had the energy to write, or you have decided to wait until you have something more interesting to report, resist. Keeping in touch with your life at home makes you feel better.

Set realistic goals. Do not promise yourself you will cheer up when you have mastered Hebrew and have captured a slew of Israeli friends. Those are unrealistic goals; while they might occur, Hebrew takes time, and so does making friends. Instead, try to master little things- like a list of ten words each day, or working on one friendship at a time. These little successes can make you feel a lot better about the whole situation. Settling into another society takes time, and that is mostly what you need to give yourself. So relax- you will enjoy yourself in the long run.

Above all, be prepared. Know that the onset of culture shock will significantly affect your feelings. This will pass. It is a normal part of your adjustment process, and you are in good company. Bear in mind that your attitude can be your greatest asset, so stay happy and hopeful!

## **SUGGESTED BOOKS TO HELP WITH HEBREW**

501 Hebrew Verbs by Samuel Bolozky, Barron's Educational Services, Inc.

An excellent book for conjugating verbs.

The School Dictionary by Abraham Even-Shoshan, Kiryat Sefer Ltd., 1986 (blue cover with kids faces).

Each word is defined in Elementary-Middle-school Hebrew and used in at least one sentence.

Luach HaP'alim HaShalem edited by Dr. Shaul Barclay, Reuven Mass Ltd., (white cover).

Includes a full chart of verb conjugations for every "binyan", "gizra", exception, tense and person.

Luach HaShemot HaShalem edited by Dr. Shaul Barclay, Reuven Mass Ltd., (pale blue cover).

Gives the reader a full chart of noun conjugations for every "mishkal"; plurals and additions of possessive pronouns.

Luach HaP'alim: From Students to Workers prepared by Binyamin Danieli and arranged by Hava Ya'ari. The Education and Culture Office of Israel, 1982. (Orange cover).

An example/model of each type of verb ("lamed heh", for example) in each "binyan" conjugated in past, present, future, imperative, gerund, and infinitive, as well as example of other verbs in this category.

Everything You Wanted to Know About Hebrew Verbs and More by Ellen Feingold and Hanna Maschler, Old City Press, 1985 (green and blue cover).

Verbs arranged alphabetically by root so you can see how many "binyanim" a certain root appears, as well as prepositions, adjectives, adverbs connected to that root. Also, good for 'visual learners'.

Oxford Student's Dictionary for Hebrew Speakers by Hornby & Reif, Kernerman Publishing, 1986 (blue and red cover).

A must for writing "chiborim", i.e., compositions in Hebrew. Meant for Hebrew speakers to understand British and American slang; it gives you the Hebrew equivalent to such things as "take off, take up, take in, take over", "nuts", "a mess", etc.

## HOUSING

You are about to go apartment hunting, not an easy task, and hopefully the following information will help in the process. Once you find a suitable apartment, **do not sign a Hebrew contract** until you have shown it to the HUC Office of Student Services. The contract may contain clauses detrimental to you, and you must be very clear about any legal document you sign in Israel. HUC does have a contract, which we recommend using. Blank copies are in the HUC Office of Student Services.

Renting an apartment in Israel is different from renting an apartment in other countries. In Israel, each unit is a condominium, owned by an individual. There are almost no apartment buildings built for the purpose of rental. An apartment becomes available when the owner moves to another city, when he/she goes abroad for a specific period of time, or when a family wants to rent an apartment of an elderly parent or an offspring.

The number of rooms is counted as the number of bedrooms plus other living areas. For example, a “three room” apartment may have “two bedrooms and a living room”. By Western standards, rooms are on the small side and may be dual or even multipurpose, e.g., living rooms convert to bedrooms or double as guestrooms. Separate dining rooms are rare, therefore an area of the living room usually houses the dining table and chairs. Also be prepared for differences in terminology. If your landlord quotes a “stove,” he/she may have a two-burner gas tabletop range unit without an oven or separate grill. Avoid apartments that are advertised as “partially furnished”. It probably means that they have the very minimum of furniture and will not suit your needs.

The average monthly rental is relatively high in Jerusalem and fluctuates periodically according to the dictates of the market. Prices also depend considerably on location, number of rooms, furniture, and appliances. Make sure in advance exactly what the terms of rental cover, have this entered in your contract, and ask for a detailed inventory (signed by both parties) of the furniture and contents. This will safeguard both you and your landlord. Also be sure to clarify in the rental contract which party is responsible for which municipal taxes (“Arnona”) and building maintenance fees (Va’ad Habayit). Sometimes, the owner will pay the Arnona, but usually it is the tenant’s responsibility.

Water, gas, telephone, and electricity bills are paid by the tenant, as are the monthly Va’ad fees to the building’s house committee, who are responsible for the communal maintenance of hallways, central heating (if there is a central heating system available) and gardening.

It is customary for the owner to require the tenant to supply him with a guarantor, both insuring that the tenant will vacate the premises on time and that all possessions listed in the inventory are intact and in good condition. HUC will act as the guarantor and most landlords accept this as sufficient security. A letter of guarantee can be received from the HUC Office of Student Services as long as the contract contains a 30-day “escape clause” for vacating the apartment before the end of the lease. An advance payment is an acceptable practice.

## **APARTMENT HUNTING**

HUC has a number of apartments on file which were occupied by students in previous years. Since these apartments are on perpetual rental they are not luxurious, particularly by standards you may have come to expect, but they are functional and usually contain the basic necessities that you will need during your year here. Consult the HUC Office of Student Services at HUC.

Consult the classified ads in the Friday edition of The Jerusalem Post (English), “Kol Ha’ir”, or other newspapers, and the HUC bulletin board and other boards around town, especially those at The Hebrew University campus. Another source may be Association of Americans and Canadians in Israel (6 Mane Street, telephone 561-7151). Quite extensive listings of apartments to rent and share can also be accessed free of charge at She’al Agency [www.sheal.co.il](http://www.sheal.co.il) and at [www.homeless.co.il](http://www.homeless.co.il) and for a fee at Ma’agar Meida Agency [www.1.co.il](http://www.1.co.il). Note: these sites are in Hebrew. You may also want to check out [www.flathunting.com](http://www.flathunting.com), [www.janglo.com](http://www.janglo.com), [www.fonerbooks.com/apart.htm](http://www.fonerbooks.com/apart.htm), [www.jerusalemapartments.com](http://www.jerusalemapartments.com), or [www.roomwithajew.com](http://www.roomwithajew.com) which are all in English.

## **BASIC QUESTIONS TO ASK PROSPECTIVE LANDLORDS**

1. How do I pay my rent?

Rent is quoted in U.S. dollars. Some landlords will want the rent in shekels and other will prefer dollars. If you pay in shekels, it will be calculated according to the daily representative rate of the dollar, published in the newspaper. Often landlords require a few months’ payment in advance. It is strongly recommended that you DO NOT PAY MORE THAN THREE MONTHS IN ADVANCE!

2. How much is the rent and Va’ad Bayit daily, and what does it include?

Va’ad Bayit (maintenance fees) may include heat, communal lighting etc.

3. How much is Arnona (property tax)? Who pays it, and when is it due?

4. What is the length of the lease? Can it be legally interrupted, either by you or the landlord? Is there a lawyer’s fee for signing the contract?

5. How is the apartment heated and cooled? Is it functional? What hours is it heated during the winter?

6. Is the hot water heated by solar energy (dude shemesh), gas or electricity? (The difference in cost may be significant)

7. Is there a telephone?

8. How close are the buses (4, 4-A, 13, 18, 21, 21-A, 30 or 48) that go to or close to HUC?

9. Is there a washing machine and/or dryer in the apartment? If not, where is the closest Laundromat?

10. What is insured by the owner, is there a subrogation clause in the owner’s policy (see renter’s insurance)?

Afterwards, add up the rent plus all the “extras” to get a clear picture of what your monthly housing expenses will be.

Most students prefer a neighborhood close to HUC and the following are recommended:

Northwest	Machane Yehuda, Nachlaot, Zichron Yosef
West	Rechavia, Kiryat Shmuel

Southwest Talbiyeh, Old Katamon, German Colony, Greek Colony  
South Baka, Talpiot

## **RENTER'S INSURANCE**

Two agents offering Renter's insurance are:

Steven Kelter-phone: 02-5612223/4 and 052-387-3887 email: [kelter@pobox.com](mailto:kelter@pobox.com) and

Norman Zysblat- phone: 054-4258-671 email: [normn\\_a@menora.co.il](mailto:normn_a@menora.co.il)

You may want to get a quote from both once you've gathered all the data.

- What You Need to Know When Getting Renter's Insurance:

PROPERTY DETAILS :

Size in meters, square meterage

Number of rooms (bedrooms, lounge etc)

Which floor is the apartment on?

How many floors in the building?

Is the front door of the apartment metal ( Pladelet ) with a security lock ( Rav Bariach )

Are there bars ( Soragim ) on the windows - all or which ones

WHAT IS INSURED/COVERED BY THE OWNER?

Do the owners have a subrogation clause covering the structure of the apartment? Steve has information on this, which could be very helpful in limiting that which you need to insure and reduce your premium a great deal.

CONTENTS :

Insurance is for fire, water damage and burglary

Estimate of the value of the contents in **Shekels**:

furniture, kitchen cabinets and equipment, beds and closets, TV etc - total value

personal items - clothing, books etc - total value

valuables - laptop, video or still cameras, jewelry, watches - items to be listed

Do you want valuables to be insured also outside the apartment? Yes or no.

INSURANCE DETAILS :

Does the rental contract require you to insure the structure for fire/ water damage? Yes or no

Plus Earthquake damage ? Yes or no

Do you want a plumbing service from the Insurers in case of burst pipes? Yes or no. ( cost about 270 NIS per year )

The policy Norman recommends is an “ All Risks “ Policy which is the best available on the market.

Norman’s “ guesstimate “ of the costs - the annual cost for a 3 room , middle floor apartment to include structure plus 100,000 NIS contents ( which is about average )for fire, water and burglary would come to about 750 NIS . Earthquake add on would be around 400 NIS.

## **UTILITIES**

Most bills can be paid by telephone, on the Internet or in person at the post office.

You should obtain meter readings of water, gas, telephone, and electricity as of the date you move in. The electricity and water meter readings should be read from the meters in the apartment building.

The first utility bill should be divided between the tenant and the owner; the tenant only pays for those portions of the bill which cover the period when you began residing in the apartment. Similarly, a reading should be obtained when leaving the apartment at the end of your stay.

### **GENERAL HEATING GUIDELINES:**

The hours of heating in apartment buildings vary considerably due to the high cost of heating fuel. In most cases, the system operates in the late afternoon and evening hours only. Apartments dependent on hot water from the central heating system may sometimes heat in the early morning hours as well.

Heating continuously for 24 hours is a very costly business, apart from being unnecessary on the warm days in the winter. Va'ad Habayit (Building Committee) usually fixes a time schedule to the mutual consent of all the tenants. A time clock will switch off the heat to coincide with the hours that the people are normally out at work or occupied with housework. If there is no central heating system, an apartment may be heated by gas, electric heaters, or oil.

Hot water systems vary. Some work simultaneously with the central heating so that one will get hot water during the same fixed hours. This may be supplemented by an electric boiler or the boiler on the premises, which may be the only source of water heating. Heating water by electricity is expensive. All new apartments are built with solar hot water heaters, "dude shemesh" which are very desirable and can significantly reduce your electricity bills. Depending on the size of the tank, individual units provide enough hot water for the average family. They need about an hour of sun daily. During the winter and on cloudy days, especially in Jerusalem, an electric hot water boiler may be used as a back-up system.

Many people have a timer for turning out the water heater. Your landlord should provide this free of charge.

### **ELECTRICITY:**

Bills are issued bi-monthly. Since electricity is an expensive commodity in this country, it is advisable to try and economize in its use by lighting the water heater (boiler) only when you really need hot water for showers, etc. However, if the water heater is located inside the building it may not cost substantially more to leave the heater on all night if there is a thermostat.

For any emergency, telephone 103.

An example of an "electricity" bill is in the Addendum.

### **COOKING GAS:**

Many new apartment buildings have a central gas supply. Gas-billing statements will be issued bi-monthly. However, older apartments will probably draw their gas supply from individual butane "gas balloons" or cylinders, which are stored in pairs on the kitchen balcony, or other area outside of the apartment (a legal safety precaution). As soon as a "balloon" is empty, you should reorder another from

the gas-company, which services your apartment. A balloon usually lasts about four to six weeks depending on the size of your balloon and your usage. When renting an apartment, make sure that you know the name of the gas supplier and your landlord's customer number, which you will need to quote each time you order gas. Make sure that the reserve balloon is full so as not to be caught without any gas when the balloon in use runs out. All gas supply companies provide service for repairs, leaks etc.

The following are the main gas suppliers:

*AMISRAGAS	33 King George St.	6253331/2/3/4/6252461/6257372
*PAZGAS	6 Shammai St.	6227788/6227777
*SUPERGAS	36 Yaffo St.	09-8308222 or *3114

### **WATER:**

These bills are issued on a bi-monthly basis. Remember that Israel's water supplies are dangerously low; try not to waste water unnecessarily. Don't leave taps or faucets running.

An example of a "water" bill is in the Addendum.

### **TELEPHONE:**

This is the MOST COSTLY OF ALL YOUR UTILITIES and depends entirely upon you and your economy. Bezek is responsible for all local Israel calls. Overseas calls are expedited by various companies, so check out the various providers for the best deal. (Bezek Intl., Golden Lines and Barak). Itemized phone bills for local and long distance calls are available.

All phone lines have "call waiting". If your phone line is digital, you can also "call back" the last person who dialed your number by dialing \*42. When calling a number that rings "busy", dial \*41 for an automatic call-back when the line is free. If you wish to cancel these services (which are free) call 199.

Local Jerusalem and domestic calls are not free. The tariff depends on weekday or weekend, time of day and length of call.

Check your plan and rates.

For Bezek information, call 199 (free call) for Directory Information call 144 (charge)

You can also order telephone services together as a deal with cable and internet through HOT. See the cable section for information on this.

### **BEZEK TELEPHONE INSTRUCTION (USUALLY IN HEBREW)**

If you pick up your phone and it is beeping, you have a voicemail message.

Push 151#, Push 4444#

To listen to the message, push 2

To save a message, press 3

To delete the message, press 76

To change the outgoing message

Push 151#, Push 4444#, Press 8 to change the message

Press 21 to hear the current message

Press 5 to record a message, when you are finished press the # key

To keep the message press 4, to re-record press 5.

## **OVERSEAS CALLS**

NOTE THAT LOCAL PROVIDERS USUALLY GIVE BETTER RATES AND DEALS THAN INTERNATIONAL PROVIDERS.

Access numbers are:

Collect or via AT&T card- Dial 1-800-949-4949 (through Bezek)

1-800-922-2222 (through Golden Lines)

1-800-933-3333 (through Barak)

Collect or via World phone – Dial 1-800-940-2727 (through Bezek)

1-800-920-2727 (through Golden Lines)

1-800-930-2727 (through Barak)

Collect or via Sprint card/Global One- Dial 1-800-938-7000

Collect via Bezek - Dial 188, and wait for an international operator.

Additionally, there are three local access companies that provide overseas telephone service. You may use any of the three services. There is no membership charge or need to pre-register. You may find them to be substantially lower than rates offered by American providers. Check with the specific service provider for updated rates: Barak: 1-800-013-013, Bezek: 1-800-014-014, Golden Lines: 1-800-012-012.

The services may be used inter-changeably and will be charged on your regular Bezek bill. If you decide to make one of the providers your primary provider, you will be offered special rates and will be billed separately from your Bezek bill.

To call North America, use these access numbers:

Barak            013-1-(area code)-(phone number)

Bezek            014-1-(area code)-(phone number)

Golden Lines   012-1-(area code)-(phone number)

## **VOICE OVER INTERNET PROTOCOL (VOIP)**

In today's technological age, you can even use your internet as a phone. This service assigns you a US phone number which people call just like they are calling you in the states but it rings here in Jerusalem.

You have to pay for some hardware, but the service is generally pretty inexpensive, or even free. For Vonage, you purchase the equipment in the US (check it before you bring it) and you need a special adapter to hook it up in Israel and pay a monthly fee of approximately \$20/month. ([www.vonage.com](http://www.vonage.com)). For Skype, you download the program onto your computer and speak using a headset. If the person in the US has Skype, you speak for free. You can also order a US phone number for 10 Euro/3 months and pay 2 cents/minute for outgoing calls anywhere in the world. ([www.skype.com](http://www.skype.com)). There is also Lingo ([www.lingo.com](http://www.lingo.com)).

### **OTHER TELEPHONE DIRECTORY NUMBERS:**

106 - Municipality Public Service (No Charge)

144 - Directory Information (Charge equal to 3 units; free if not listed in directory)

155 - Time (Charge Call)

166 - Service problems (Bezek)

199 - Questions about phone bill (Bezek)

175 - Wake-up Service [175 - (your number) - (Army time to be awakened)]

177-022-0211 - Telephone Meter Reading

03-9668855 - Weather Forecast

03-9723344 - Flight Information in English (Arrivals/Departure Information, Ben Gurion)

Save money by always paying your bills by the “payment due date” that appears on each one. There is a steep penalty for bills paid after the due date. You may pay your bills through your bank (which will include a service charge), the Post Office (no service fee), or any branch of the utility company. You can also mail a check to the Post Office Bank, using the special pink envelopes provided by the Post Office. Your receipt is sent by return mail. You can also pay by credit card by phoning the number listed on your bill.

In addition, you should keep all bills and receipts for the entire period of your rental. This may seem cumbersome, but at the end of the year, it is certainly to your advantage, to have a record of your entire apartment related expenses, in case you need to substantiate the apartment expenses and their payment to your landlord. An example of a “telephone” bill is in the Addendum.

### **PUBLIC TELEPHONE**

There are three types of public telephones in Israel - those requiring a plastic credit card (a telecard), those requiring shekels, and some available for credit card use. Telecards can be purchased at the HUC front desk, post offices, hotels and through vendors on the street.

To use a telecard, simply follow the picture directions on the phone. Cards of 10, 20, 50, and 120 units are available. As you are making a call on a telecard, the screen will indicate how many units remain on the card. It will also allow enough time to change cards (but change them quickly!). You can also call collect from any pay phone by dialing 142. Overseas calls may be made by using a telecard.

To make overseas collect calls from public telephones, call the number, give the details and the operator will call you back.

## **CELLPHONE**

For students, like most Israelis, having a cellphone is essential, allowing them to always be available to loved ones overseas in case of emergency. There are three major cellphone providers, Pelephone, Orange and Cellcom. Most students use Orange (if you are calling within the same system, in other words, Orange to Orange or Cellcom to Cellcom, chargers are often less). Incoming calls to Israeli cellphones are usually free for the receiver. Confirm with your provider. The companies have varying plans but most phones cost between 500-600 shekels to purchase.

Cellcom is the only provider whose sales line has an English language menu option (English menus are available on Orange phones once purchased):

Pelephones (1-800-050-050) can be purchased at the Pelephone Shop at 3 HaParsa St., Talpiot. Orange (1-800-054-054) phones and BigTalk phone cards can be purchased at Orange shops on Ben Yehuda or Malcha Mall or can be bought at any SuperPharm drugstore (e.g. Histradut St - off Ben Yehuda, Malcha or Talpiot Malls). Cellcom phones (1-800-800-599) can be purchased at the Cellcom store in the Malcha Mall or at 19 Yad Harutzim St., Talpiot (or you can order a Cellcom phone by phone and it will be delivered to you). Cellphone cards can also be purchased, at Post Offices, most convenience stores (called tobacco shops here), Super Pharm, some makolets (grocery stores) and phone shops. Calling plans are also available but not recommended. Israel differs from other countries where the phone is cheap and the plan costs money. In Israel, the phone costs money and the plans are less expensive. Students from past years often sell their phones to incoming students. Check with the Office of Student Services to see if previous students are selling any phones.

Notes: Unless you are an Israeli citizen, you cannot purchase a cellphone service plan, you must recharge your cellphone with cards (scratch off the back of the card to uncover the pin code).

When you purchase your phone, have the salesperson activate the English menu for you, unless you wish to navigate the menus in Hebrew. You'll also want to 1) activate your voicemail (you are charged to check voicemail as an out-going call) 2) make sure you have your cellphone number written down 3) know the codes for checking how many minutes are left and how to enter a new card. It's a good idea to keep a back-up card handy in case your minutes run down too low. Often, phones require a minimum of 50NIS balance in reserve in order to call outside the country.

Some companies rent you a phone, which is in many ways more convenient, and includes insurance on your phone, but you need to determine if the rates are advantageous to you.

One example is: <http://www.tlcpPhones.co.il/>

## **INTERNET CONNECTION**

Internet access (and wireless) is available in the HUC library. It can also be obtained at home through various connections, including modem, ADSL and Digital Cable, by the following companies:

Netvision: 04-856-0600/0660 (Netvision also has a 1-800 number which is 1-800-017-017) or Golden Lines: 1-800-012-012. If you order cable television through HOT, you can also hook up your cable modem through the digital box thus saving a phone line. Call HOT at 1-800-077-077.

An example of an Internet provider's statement is in the Addendum.

## **ARNONA (MUNICIPALITY / PROPERTY TAX)**

Arnona covers the maintenance of the city - street cleaning, garbage collection etc. There is no hard

and fast rule about whose responsibility this is. In some cases, the owner will absorb it, but in most cases the tenant is expected to pay it. If the owner requests you to pay the Arnona, then you should ask for a payment book issued by the Municipality, or a copy of last year's bill, in order to be sure of the actual costs. The owner will ask you to pay it either monthly or in one payment for the year. Some landlords may tell you that there is a reduction for students. This is incorrect, it applies only to Israeli students.

### **VA'AD BAYIT (BUILDING COMMITTEE FEE)**

In apartment buildings, the cost of fuel for central heating (if available), the cleaning and lighting of staircases and entrances to the building, and maintenance of the garden, is divided up among the tenants who contribute a monthly maintenance fee. This fee may vary from summer to winter months depending on what it covers. Usually the tenant pays this fee; however, it should be stated clearly in the rental agreement.

## APARTMENT FURNISHINGS

Students have found that the most effective way to buy and sell all sorts of goods, including second-hand furniture is through “Janglo” - Jerusalem Anglo Protexia:

<http://groups.yahoo.com/group/janglo>, which allows Anglos living in the Jerusalem area to share information about “stuff”.

Second-hand furniture can also be found by checking the classified ads sections of the local Hebrew weekend newspapers, and also by checking the HUC and AACI bulletin boards and others around town. You may also want to try thrift stores or the “junk yards” in Mea Shearim-Geula. Several are located on Mea Shearim St between Rehov Strauss, Shivtei Yisrael and Yehezkel. In Hebrew, there is [www.homeless.co.il](http://www.homeless.co.il).

The best buys on new kitchen articles can usually be found in Machane Yehuda Open Market and the Carmel Market (Tel-Aviv). Supermarkets also have a wide range of kitchen items. Levison’s at 2 Shlomzion HaMalka St. Tel. 623-4722 is recommended for American measuring cups and spoons and a range of other kitchen supplies. American style cooking pans and supplies can also be bought at the Hebrew University Academic Student Center at both the Givat Ram and Mount Scopus campuses. If your apartment does not have an oven, you can buy a Wonder Pot (“Seer Pele”) which will enable you to bake directly on a stove burner. For more information see the section on “Shopping”.

If your apartment does not have large appliances that you desire, you may be able to rent them. However, note that many students were not satisfied with the repair service for washing machines; so do not pay all your money upfront. Some students felt it was cheaper to buy a cheap washer than rent.

Bedroom furnishings, including sheets, pillows, quilts etc., can be purchased at all major department stores, the Malcha Mall, several specialized bedding shops downtown and at the open air markets like Mahane Yehuda and the Carmel Market (Tel-Aviv). Ace Hardware Store in Talpiot and Home Center in the Hadar and Malcha Mall also stock inexpensive do-it-yourself furnishings.

## LAUNDRY/DRY CLEANING

There are coin-operated self-service laundromats and full service cleaners in and around Jerusalem for washing, drying, and dry cleaning clothes. All are open from early in the morning until late evening. We recommend that all delicate clothes that are near and dear to you be washed by hand or dry cleaned because the laundromats often use harsh soaps and very hot temperatures for cleaning clothes.

NOTE: All Laundromats and dry-cleaning services are closed the weeks of Pesach and Sukkot. Some may remain open for self-service washing but will not accept dry cleaning. It is therefore wise to telephone these establishments before the holidays to determine their hours and services.

Some local laundromat and dry cleaning merchants are:

Laundromat:	Address:	Telephone:
Superclean 7 a.m. – 7 p.m. (Tuesday till 5)	16 Hapalmach St.	566-0367
Megaclean 7 a.m. – 7 p.m.	61 Herzog Street	678-5163
Talbich Laundry	6 Marcus	673-7181

Some of the above merchants have coin-operated machines and all have services for dry cleaning (same day or within 24 hours). Students may also be able to rent washing machines and dryers, depending upon their apartment capabilities. See “Apartment Belongings” for more information about renting large appliances.

### **APARTMENT CLEANING TIPS**

You will need a squeegee with a long handle and several floor rags (“smartoot”) to clean the tiled floors. Floors can be washed with a solution of Ritzpaz or any other soap and hot water.

Dishwashing detergent comes in both plastic tubs (soft paste) and plastic squeeze bottles: Liquid Palmolive, Super 7, Ajax etc. The liquid is probably a better choice because it is cheaper and better for sensitive skin. Also you may want to use a sponge with an abrasive backing or “scrubbies”.

Some laundromats provide their own soap for a small fee. If you want to bring your own, BioTex, Tide, or Tigo liquid are recommended. There is also a baby-soap called Tino-Clean, which is good for sensitive skin. Bleach comes in bottles labeled “Super Lavan”. For hand washing, buy Textile Shampoo or Fantastic (liquids) or Woolite (expensive).

If you can afford it, it is a mitzvah to hire someone to come and clean for you. It is a treat for yourself, and generally, the people doing the apartment cleaning can use the income.

## **PUBLIC SERVICE DEPARTMENTS**

The public service facilities below are accessible 24 hours a day, 7 days a week, and are available, for emergency and complaint services.

### **JERUSALEM MUNICIPALITY PUBLIC SERVICES**

Having any problems? Call “Moked” at 106.

This service will handle the following problems (or will refer you to the appropriate department), and will provide general information on any municipal activity:

- Sewage and sanitation defects (blocked sewers, overflowing cisterns, etc).
- Trees endangering public safety.
- Collection of junk, scrap metal, removal of dead animals and obstacles causing nuisance on sidewalk.
- Emergency and/or dangerous sanitary conditions.
- Pest control in municipal areas.
- Burst pipes and defective water supply, call 565 1255 (the Water Supply Company).

### **ELECTRIC COMPANY**

Is the electricity out in your building? Call 103.

### **OMBUDSMAN (PUBLIC COMPLAINTS OFFICE)**

If you have failed to get satisfaction from any relevant municipal department, the Ombudsman will investigate and try to deal with the problem. They are located at 212 Yaffo St. and their telephone is (02) 629-7748.

## **BUREAUCRACY**

### **PASSPORT**

While living abroad, United States citizens must register at the United States Consulate. At the start of the Academic Year, you should register yourself, and your family member(s). Find instructions to do this online at [www.jerusalem.usconsulate.gov](http://www.jerusalem.usconsulate.gov). Use 13 King David St. as your Jerusalem address.

Passport size photographs can be obtained from the passport photo machines and photography shops throughout town.

### **VISA**

The best thing to do is to obtain a Student Visa before you come to Israel. Visit [http://www.israelemb.org/consular\\_Visa.html#student](http://www.israelemb.org/consular_Visa.html#student) for information or contact your nearest Israeli Consulate. If you are in Israel on a student visit, you do NOT qualify to receive back the VAT (value added tax) when you leave Israel on purchases of expensive items.

If you have entered the country on a “B-2 Tourist” visa which is good for three months. It will need to be renewed through the end of your stay.

The easiest way to take care of this is to see Helen Linden in the administration to pick up a form from her. Just fill in the details and fax it to the Ministry of the Interior and they will call you with a time and date for your appointment. As the cost changes from time to time, ask how much it will be.

You can also do it this way, which will completely frustrate you: Through the Israel Ministry of Interior on 1 Shlomzion HaMalkah St., Tel.: (02) 629-0222. The office is open Sunday through Thursday from 8:00am-12.00noon. Make an appointment by phoning 02-629-0239. If you phone, be patient. The office is flooded with calls during these hours and you often have to call back for several hours before you can get through.

Once you make an appointment, do not lose track of your date. If you forget or lose the piece of paper you wrote it down on, there is no way to find out when you are supposed to go in. Their system is not computerized and they cannot search.

Be aware that it takes 4-6 weeks to get an appointment; sometimes longer.

To renew your visa, you need to complete the Ministry’s form, which can be obtained from the HUC Office of Student Services or at the Ministry. Attach a passport-sized photograph and bring payment. For spouses or students wishing to work in Israel, a work permit can be arranged once you have secured employment. Check with your employer.

When you arrive for your appointment, just sit in the waiting area and you will be called at the appointed time. Do not leave the waiting room, however. If your name is called and you are not there, you have missed your appointment and will need to make a new one.

GETTING A VISA IS NOT HARD AS LONG AS ALL YOUR PAPERWORK IS IN ORDER AND YOU SHOW UP ON TIME.

Only students on B-2 visas can reclaim VAT payments at the airport upon departure.

### **DRIVER’S LICENSE**

Persons in Israel on a student/tourist visa may use their foreign drivers-license for 1 year.

# **Section III: Living in Israel**

## **HEALTH SUGGESTIONS**

Coming to a new country, your body will be bombarded by new germs which it is simply not used to. In order to help ease the transition while your body adjusts, try some of the following:

- Wash all fruit and vegetables with soap and water.
- Keep all food covered and away from flies and other insects.
- Eat only in restaurants that are sanitary (including falafel, shwarma & humus stands!)
- Maybe wait a week or two before eating foods which are prepared and left out in open air before being eaten; such as shwarma
- Filter your water. Try adding nana (mint), lemon, or ginger while you get used to the taste of Israel's water which has a very high mineral content.

Diarrhea and stomach cramps are usually caused by the entero virus and last about 48 hours. Other symptoms may include nausea, vomiting, headaches, weakness, and fever. The entero virus is usually acquired by eating unwashed fruits or vegetables, or because of poor sanitary habits.

If you do develop nausea and abdominal cramps, you should do the following:

- Wait until the nausea and vomiting pass before trying to eat.
- Drink water and tea in small quantities frequently, if you are nauseous.
- Afterwards, you should eat light foods such as soup, tea, Jell-O etc., in order to avoid dehydration, which may result from severe vomiting and diarrhea.
- Avoid eating raw vegetables, eggs, milk and cheeses during the next few days.
- Rest in bed.
- If nausea and vomiting or fever persists, see a doctor.
- Call a friend at HUC and make sure someone else knows you are unwell. Being sick in a new place can easily bring on a case of homesickness.

### **SUNBURN AND HEAT STROKE**

It is very important to protect yourself from the strong sun in Israel. Wear a shirt, hat and sunglasses when outside. Avoid overexposure to the sun, especially if you are at the beach, a swimming pool, or on "tiyul". Sunscreen is highly recommended.

### **DEHYDRATION**

Due to Jerusalem's very dry climate and altitude, you will not seem to perspire as much as you might back home. Thus, you will probably not drink as much water as you need to drink. This is a mistake! The symptoms of dehydration are dizziness, headaches, lethargy and irritability. Surprisingly, you may very well not feel thirsty. Always carry a bottle of water with you or wear a camelback. Drink at least ten (10) glasses of water a day!!! The water in Israeli cities and towns is safe to drink-SO DRINK AS MUCH AS YOU CAN AND THEN DRINK SOME MORE. Filtering, refrigerating the water, adding lemon, mint, or ginger all help alleviate the mineral taste.

## **MOSQUITO AND FLEA BITES**

Newcomers can develop a severe allergic reaction to mosquito and fleabites in Israel. This usually subsides within a few days. To avoid this problem, you should use insect repellent, and keep your room and floor as clean as possible. You can buy mosquito repellent (“Docheh Yetushim”) at Supersol or pharmacies. You can also obtain a small device, containing a fragrance tablet, that you plug into an electrical socket, which is effective in repelling mosquitoes, especially while you sleep. A simple fan may also be effective. A good product to stop the itching of insect bites is an over-the-counter product called “Fenistilgel.”

## **HEALTH AND INSURANCE PROCEDURES**

All students are covered by medical insurance through the Yedidim-Harel Insurance Agency. If you fall ill, contact the **Health-Hotline Number** 1-800-414-422 for a referral. You can also contact Amos Gilboa, the insurance representative, at 052-3250-975. You can also go to one of the full-service emergency clinics listed below:

TEREM - (02) 652-1748; (02) 652-2607, Magen David Adom Building in Romema, 7 HayMem Gimel Street (open 24 hrs. a day, 7 days a week - a five-minute walk from the central bus station in the Magen David Adom building (buses 2, 7, 16). If you take a cab, tell the driver to take you to TEREM in the Magen David Adom building near the central bus station).

TEREM at the Tayellet – 02-6738550, in the Talpiot neighborhood, beside the Masorti High School. Closer to HUC than the Romema branch. NOTE: open only from 6:00 pm to midnight.

MATAR - 671-7111, 105 Hebron Road (Walk-in emergency hours 7:00pm-12:00am, 7 days a week, you pay NIS 200, take the receipt, and get reimbursed by Harel; for all other services, you need to make an appointment - located on the corner of Derech Hebron and Ein Gedi Street in Talpiot).

A fee is charged for services at TEREM and MATAR, but most of the money is refunded by the Insurance Agency. Keep all your receipts!

It is recommended to carry your policy number and the emergency contact number with you at all times. For example, write your policy number on your student id card for convenience or save this information in your cell phone.

### **OUTSIDE OF JERUSALEM**

If you fall ill outside of Jerusalem, contact the **Health-Hotline Number** or Amos Gilboa. You will be referred to a doctor or clinic in your area.

- Contact the local Magen David Adom office or the local hospital emergency room.
- If you go to a local hospital emergency room and the visit is not a justified emergency, you will not be reimbursed.
- Keep all your receipts to submit to the Insurance Company.

### **IN AN EMERGENCY SITUATION**

IF TIME ALLOWS:

- Call the Health-Hotline Number first. Depending on the situation, you will be referred either to the Emergency Room at Hadassah Hospital or to TEREM.
- Take your Insurance card with you and keep all receipts.

IF THERE IS NO TIME:

- If you can, take a cab to Hadassah Hospital on Mt. Scopus and go straight to the Emergency Room. Otherwise, call 101 for a Magen David Adom ambulance.
- Take your Insurance card with you.

- You will be reimbursed by the Health Services for most of the expense.

Important: You will not be reimbursed if the visit is not a justified emergency!

### **EMERGENCY NUMBERS**

Magen David Adom   Tel: 101 (24 hours a day, 7 days a week - Ambulance)  
Police                    Tel: 100  
Fire                        Tel: 102

### **IN AN NON EMERGENCY HEALTH CARE SITUATION:**

Call the 800 emergency number on the back of your insurance card (insert number here). They will direct you who to call.

Call that number to make an appointment. If you are particularly ill, but not having an emergency, ask about housecalls. This can be arranged.

## **PRIVATE HEALTH COVERAGE**

An HUC student or his/her family may require additional, private medical coverage if s/he suffers from any pre-existing condition. Some students prefer to retain their American Insurance Policy.

### **PRIVATE DOCTORS**

The Family Medical Center is a group practice providing comprehensive and integrated medical services to patients. Family physicians receive by appointment from 8:00am to 6:00pm Sunday through Thursday; from 8:00am to 12:00pm on Fridays and Erev Chag; and provide emergency coverage 24 hours a day. Special features of the clinic include: An English-speaking staff, an appointment system by telephone, and extended office hours. Most visits are covered by the insurance provider. For any additional information or to make an appointment, contact the Family Medical Center, 9 Diskin Street, Wolfson Towers, Jerusalem, Tel: 561-0297. (Many of the doctors at the Family Medical Center work with the HUC Health Plan.) In the same building there is a Physical Therapy Clinic, Tel.: 567 0703

Students have also recommended chiropractors Dr. David Mencher Tel: 6522322 and Leah Leeder 052 3802 704 (HUC does not endorse nor take responsibility for physician referrals)

## **GENERAL AND CRISIS COUNSELING**

You may find sometime during the year that you are at a crisis point where you feel that you are not able to function, or you may find it preferable to have a therapist in place as you navigate this intense time of both moving to Israel and beginning a Rabbinic, Cantorial, or Education program. For referrals to deal with this short-term crisis situation there is an up-to-date list of qualified counselors and therapists in the Office of Student Services.

The Metiv Walk-In Crisis Center is open to all. It is best to call and make an appointment. There is a small fee, depending on the financial situation. You can call ahead to see an English speaking counselor.

### **METIV WALK-IN CRISIS CENTER**

21 Hadishon Street, Malha  
In the Israel Center for the Treatment of Psychotrauma  
Buses 12, 24, 24A, 17, 17A, 19  
Metiv's hours:  
Sunday through Thursdays:  
0:8:30 to 21:00  
Fridays and holiday eves:  
08:30 to 13:00  
telephone: 02-6799566  
Call to make an appointment  
[www.traumaweb.org](http://www.traumaweb.org)

EMERGENCY NUMBERS FOR WOMEN : (See "Important Telephone Numbers" section for more)

Shiloh Hot Line for Pregnancy and Contraception - 625-8841

Rape Crisis Center - 1202 or 625-5558

# SCHOOLS, ULPAN AND SUMMER CAMPS

## SCHOOLS

Register your child at the municipal office located at the City Municipality Building, Safra Square on Jaffa Road (tel.: (02) 6296770/7286/6771). You must bring a passport and a contract showing residency. They will assign your child to the school which is closest to your apartment and which still has room to accept pupils in that grade. Before you decide upon an apartment, it is recommended that you investigate the neighborhood school. See the "Your Year-In-Israel" booklet for further assistance. Important matters to be considered: class size, tutoring classes given to non-Israeli pupils and whether the teacher speaks English.

## ULPAN

The following "ulpanim" are recommended for family members. An English speaker is not always available when calling ulpanim. Be patient and persistent.

NOTE: Check with the institutions concerning schedule and costs. For further information about ulpanim, contact the "Hanhalat Halashon" unit at Beit Ha'am between 8:00am-12 noon at telephone (02) 625-4156. For specific information about children and teenagers, contact the Ministry of Education.

### SHORT TERM, NON-INTENSIVE ULPANIM:

#### HEBREW UNIVERSITY

Address: Mt. Scopus

Phone: 02-588-2621

*Notes:* Subsidized only for Olim who are students at Hebrew University; intensive classes (for students) and summer classes

#### HEBREW UNION COLLEGE

Summer/Fall/Spring Ulpan

Non-intensive

Sunday and Wednesday, 17:15pm - 19:50pm.

13 King George St.

Telephone: (02) 620-3303

Fax: (02) 625-1478

CENTER FOR CONSERVATIVE JUDAISM  
ADULT EDUCATION INSTITUTE  
Courses for older adults (age 50s-60s)  
Hebrew for Hebrew-speakers.  
Reading newspapers & discussion classes.  
Agron Street  
Telephone: (02) 625-6386 then press "0"  
Fax: (02) 623-4127  
This course will be in July and again in  
September for readers of Gimmel-Dalet level.  
Newspaper reading without vowels.  
Wed 3:30-5pm  
Suggested donation per class 5 NIS

BA'KA - COMMUNITY CENTER ULPAN  
Intensive and non-intensive classes  
For all levels  
For information, speak with Sarah Meisal on  
Mondays  
Telephone: (02) 673-4237

GERARD BEHAR CENTER ULPAN/BEIT HA'AM  
Intensive  
Sunday-Thursday 8:00-12:30  
Classes for beginners start at the beginning of  
the month, all other levels you can join  
whenever  
NIS 807/month  
Bezalel Street  
Telephone: (02) 624-0034  
Fax: (02) 623-4654

YMHA- BEIT HANOAR HA'IVRI  
Beginners ulpan starts monthly in September  
2006, also offer advanced and intermediate  
level.  
Sunday-Thursday 8:00-12:30  
Telephone: (02) 649-4111 x2  
Call after August 20, 2006 to register  
NIS 807/month  
Fax: 678-8642

#### INTENSIVE, FULL-TIME ULPANIM IN JERUSALEM

BEIT CANADA (JEWISH AGENCY ULPAN)  
Address: Rechov Raziel 27, East Talpiot  
Phone: 02-673-4201/2

MILAH  
4 Mevo HaMatmid, Jerusalem  
[milah@milah.org](mailto:milah@milah.org)  
[www.milah.org](http://www.milah.org)  
Classes open 3 times a year.  
Sunday-Tuesday,  
9:00am - 12:00pm- Alef, Bet, Gimel  
intensive, Mon-Thurs  
6:00pm - 8:30pm- All levels, 2x a week  
Hours may change  
Telephone: (02) 623-3164

YMCA ULPAN  
Monday and Wednesday afternoons  
King George St.  
Telephone: (02) 569-2692  
Teacher: Rachel E. Cohen 052-2674-770

THE EITAN ULPAN  
Intensive instructions in small groups or private  
classes  
Twice weekly, 2-3 months  
Moadon Ha'Oleh Ulpan  
Sept.- June and Summer-ulpan  
2-3 times a week.  
All levels  
Telephone: (02) 561-8235

ULPAN BEIT MITCHELL  
Sunday, Tuesday and Wednesday  
8:45am - 11:45am  
15 Sokolov Street  
Telephone: (02) 561-8235 or 563-7505

Also offers non-intensive, advanced classes  
Call after August 20, 2006 to register for Sept.  
NIS 807/month

BEIT HA'AM

Address: Gerard Behar Center (City Ulpan)  
Rechov Bezalel 11  
Phone: 02-624-0034  
Fax: 02-623-4654

BEIT HA'NOAR HA'IVRI

(YMHA) City Ulpan  
Address: Rehov Herzog 105  
Phone: 02-678-0442 / 02-678-9441  
Fax: 02-678-8642

BEIT ULPANA

Address: Rechov Zerach Barnett 6, Har Nof  
Phone: 02-651-8896  
Fax: 02-652-1544  
New class starts September  
NIS 850/month  
*Notes:* Women only.

New class starts every 3 months

NIS 280/month

Intensive Morning Classes

Alef-Dalet, 4 days a week, 9am-12 noon

Evening Ulpan Classes

Alef, Alef+, 2 evenings a week (5:30-8:30pm)

Bet-Vav, 2 evenings a week (6-8:30pm)

Specialized evening courses: Short story in

Hebrew Lit, Written Hebrew, Learning

Hebrew through Israeli Cinema, News and

Current Events.

FANNY KAPLAN

Address: Magen HaElef 1 Shmuel Hanavi  
Phone: 02-582-1297 / 02-642-3792 (Ayela)  
Fax: 02-582-1503

GILO COMMUNITY CENTER

Address: Rechov Vardinon 14, Gilo  
Phone: 02-676-8886

MACHON MEIR

Address: 2 Sdeirot Hameiri  
Phone: 02-652-5997

Bracha 054-443-1929

Fax: 02-651-4820

*Notes:* For men only; takes place in a Yeshiva setting

ULPAN ETZION (JEWISH AGENCY ULPAN)

Address: Rechov Gad 6  
Phone: 02-673-2568

ULPAN FOR CHILDREN AND TEENAGERS:

BEIT CHINUCH

Kaf Tet B'November St.

For ages 12-18, 6 days/week, 5 hours/day :  
8:15am - 1:00pm

Telephone: (02) 561-7711

## **SUMMER CAMPS**

GAN HAIM DAY CAMP-AFFILIATED WITH THE  
REFORM MOVEMENT

Located on the HUC campus

Pre-K and Kindergarten

Tel: (02) 620-3349

YMCA (ACROSS FROM HUC)

Hours 7:45am - 1:00pm

Extended hours: 1:00pm - 4:00pm

Tel: (02) 569-2692

RAMAH (CONSERVATIVE MOVEMENT)

Grades K through 8; English speaking with  
Hebrew encouraged

Special programs for 5<sup>th</sup> / 6<sup>th</sup> grades and for 7<sup>th</sup>  
/ 8<sup>th</sup> grades

Hours: Sunday-Thursday, 8:00am - 2:00pm;

Friday 8:00am - 1:00pm

Also available in one week 4sessions

Tel: (02) 679-0243 ext 214

**Summer 2006:** July 1-29

4 weeks: NIS 1925

3 weeks: NIS 1340

For more information on specialized summer camps contact:

The Israel Museum

Tel: (02) 670-8811

Society for the Protection of Nature

Tel: (02) 993-2386

## BANKING

Even though many students choose to maintain their overseas bank accounts and withdraw money periodically through Automatic Teller Machines (ATMs), others want and need to open a local bank account. . Be aware that the Israeli banks have hidden fees for most transactions which you will have to pay.

There are four major Israeli banks - Bank Leumi, Bank Hapoalim, Ha'Bank Ha'Ben Leumi and Israel Discount Bank. All of them have automatic tellers close to, or in the downtown area. Most students have found that the benefits and charges do not differ significantly from bank to bank. Banking hours differ from bank to bank and in certain cases from branch to branch. However, many branches in town are open during the following (or similar) hours:

Sun. Tues. Thurs.	8:30am - 12:30pm; 4:00pm - 5:30pm
Mon. Wed.	8:30am- 12:30pm
Fri	8:30am- Noon

The main or tourist center branches of some of the banks are:

Bank Discount	11 Ben-Yehuda St.	675-4444
Bank Hapoalim	1 Zion Square	620-7171
Bank Leumi Le Israel	17 HaMelech David St.	620-1811
American Israel Bank	14 Hillel St.	625-0978
First Int'l Bank of Israel	10 Hillel St.	675-6888

When choosing a bank, keep in mind the proximity to school, your home, locations of branches and automatic teller machines. In order to open an account, bring your passport and money to deposit in the form of cash, personal check, traveler check(s), SWIFT (U.S. bank-to Israel bank) transfer, or a Visa/MasterCard cash advance (money will have to be exchanged for shekalim to open a shekel account). Bank-to-bank transfers and credit card cash advances are the most liquid, but fees are more expensive. Check with the bank to determine when you will have access to funds (1) upon deposit and (2) once your account is established. NOTE: In an emergency, your quickest options are Visa/Mastercard cash advance or a SWIFT transfer.

## **TYPES OF ACCOUNTS**

\*Many students choose to open a “**Matbeyah Chutz**” (Foreign Currency) savings account in the currency of their choice, and a shekel account. Foreign currency accounts are usually interest bearing.

“**Patach Current**” account - (“Pikadon Toshav Chutz”) - unlimited withdrawals.

“**Patach**” fixed period account, similar to a Certificate of Deposit without the Certificate.

Foreign currency can be deposited and withdrawn in either account. After making a withdrawal, money can be exchanged into shekels for deposit to a shekel account. This is normal bank procedure.

\*A Shekel account is known as a “Heshbon Shekalim”. You can pay for almost everything by check (e.g. supermarket, restaurants, utility bills, etc). The clerk at the “Matbeyah Chutz” desk who will be able to speak English can open it for you. You may only withdraw and deposit shekels into your shekel account, so any money conversions (for example, from dollars to shekels) must be done in advance. Statement(s) will be mailed approximately every seventeen (17) transactions or every one to two months. In the interim, you may get a statement from the “Mashov” (Discount, Leumi’s), “Adcan” (Hapoalim) machines inside the bank or the teller machine outside.

You may also hear that Israelis are constantly in a state of “overdraft”. What you may not know is that they received permission from their bank manager to do so. If you want to withdraw from your shekel account more than you have in it, you must request the bank manager’s permission and an overdraft limit. **DO NOT OVERDRAW WITHOUT HAVING SPOKEN WITH YOUR BRANCH MANAGER!** Otherwise, the bank may take away your teller machine card and close your account.

## **AUTOMATIC TELLER MACHINE (ATM) CARD**

This card allows you to withdraw shekels at any time anywhere in the country without waiting in bank lines and usually costs less per transaction than a deposit or check withdrawal. You will, however, probably be charged each time a balance is requested from the machine. Every automatic bank teller machine accepts the teller card of every other bank for no extra fee. However, the bank may require a minimum deposit in a “Patach” type of account and/or until you establish credit or a working relationship with the bank. Although this card is highly advisable, check with the bank to determine the requirements and costs.

## **VISA CARD/MASTERCARD**

If you have a Visa card and open an account at most banks, you can use your Visa card in any teller machine to draw money from abroad into your shekel account. Your money will be withdrawn at the daily exchange rate from your own bank. This method of transferring money has been highly recommended by students. Service fees are charged by your North American bank.

## **MONEY EXCHANGING**

All banks exchange foreign currency but, there are service charges. The Bank of Israel licenses moneychangers, which can be found in numerous locations in downtown Jerusalem and in the shopping malls. You can withdraw US dollars at the ATM on King David across from the Eldan Hotel right by school as well as the ATM in Zion Square at the bottom of Ben Yehuda

## **REDEEMING ISRAELI BONDS**

You may redeem State of Israel Bonds in amounts not exceeding US\$2,500 per person per calendar month per visit, in accordance with Israel Foreign Exchange Regulations. Proceeds from the bonds redeemed before maturity are in shekalim and may not be reconverted into foreign currency, however, proceeds from bonds redeemed after maturity may be received in U.S. Dollars. Note that fees are involved in either transaction. Check with your bank to determine the exact procedure required to redeem your bond.

NOTE: KEEP ALL BANK RECEIPTS UNTIL YOU LEAVE THE COUNTRY. Shekels may be exchanged for dollars on the basis of previous conversion receipts. Also, do not convert too many dollars into shekels at anytime since devaluation will reduce the value of your shekels.

## **POSTAL SERVICE**

### **FAXES**

Faxes can be sent from, and received at the HUC front desk. Charges will cover the cost of the telephone call. Payment is made to the receptionist. The HUC Jerusalem Facsimile telephone number is (02) 625-1478 (972-2-6251478) from overseas. See the "Your Year-in-Israel" booklet for a brief introduction.

HUC provides student mailboxes for incoming mail and internal correspondence, located in the back hall of the Administration Building.

The receptionists at the HUC front desk will sell you Israeli stamps and airmail envelopes. There is also a small scale to weigh your letters. Outgoing mailboxes are located on King David Street in front of the College. Letters can be mailed from the Post Office or by dropping them in either the yellow (Jerusalem only) or red (everywhere other than Jerusalem) mailboxes in any location within the city.

Parcels must be mailed from the Post Office (check with the local Post Office to make sure that they accept large packages).

EMS (Express Mail Service) is a 3 day door to door delivery service, with Internet tracking, to main destinations worldwide provided by the Israeli Post Office. EMS boxes must weigh under 20kg. The cost is usually less than for Air Mail which can take up to 30 days.

### **CENTRAL POST OFFICE**

23 Yaffo Road	Tel: (02) 629-0647	Fax: (02) 629-0574
Hours:	Sun. - Thurs.	7:00am - 7:00pm
	Fri.	7:00am - 12:00pm

Facsimiles, a passport-photo machine, an Overseas Calling Service and telegrams are available. You can also send telegrams by dialing 171. Be prepared for long lines at the post office.

### **MAIN PARCEL CENTER (CUSTOMS)**

Beit Kn'afe Ella		
66 Kn'afe Nesharim		
Givat Shaul	Tel: (02) 654-5555	Fax: (02) 654-5530
Hours:	Sun. - Thurs.	8:00am - 1:30pm

"Appeals" concerning duty charges on parcel(s) you received should be made here. Always bring identification papers [passport, te'udat oleh, te'udat zehut (identity card)] when claiming or sending packages. Mailed parcels are never delivered to your door but must be collected at the Post Office branch indicated on the notification you receive informing of their arrival. Parcels to be sent overseas should be left open for inspection.

Other shipping services are available but are more expensive. HUC-Jerusalem uses Federal Express as well as the express mail service provided by the Post Office.

# BUS SERVICE

## LOCAL BUSES

Urban bus services are run by the Egged Cooperative in West Jerusalem and local Arab companies in East Jerusalem. Frequent bus service to all parts of the city start at 5:30am and stop between 9:00pm and midnight, depending on the route. Regular public transport, except for the Arab bus lines, ceases shortly before Shabbat and festivals, and resumes immediately after their termination. Bus fares are fixed for all distances. Day and night fares are the same. The 2006 regular fare for one ride is 5.50 NIS, or you can buy a card called a "Kartisiya", which buys you 10 rides at a cost of 44 NIS. If you are transferring busses within an hour, ask for a "Kartis Ma'avar" and pay 6.30 NIS for the two rides. A monthly bus card allows unlimited use of Egged municipal lines (NIS216).

Jerusalem Egged Bus Information: (02) 530-4704

The HUC campus is served by routes: 6, 18, 21, 21A and 30 to the front door; and routes 4, 4A, 7, 13, 14, 24 and 48 to the Karen HaYesod St. stop.

### BUSES TO JERUSALEM NEIGHBORHOODS:

Baka	21, 48	Jewish Quarter	1, 2, 38
Bayit Vegan	16, 21, 24, 33, 39	Kiryat Shmuel	15
Beit HaKarem	6, 13, 14, 17, 18, 20, 21, 23, 26, 27, 33, 39, 40	Kiryat HaYovel	18, 19, 20, 23, 23 <del>8</del> , 24, 26, 26 <del>8</del> , 27
Downtown	3, 6, 7, 8, 11, 13, 14, 20, 21, 23, 27, 29, 39, 48	Mount Scopus	4 <del>8</del> , 9, 23, 23 <del>8</del> , 26, 26 <del>8</del> , 28, 28 <del>8</del>
East Talpiot	8	Neve Yaakov	25, 25 <del>8</del> , 45, 46, 49
Ein Kerem	17, 19	Pisgat Zeev	13, 22, 48, 49
French Hill	4, 4 <del>8</del> , 28, 28 <del>8</del>	Ramat Eshkol	4, 4 <del>8</del> , 9, 25, 26, 28, 39
German Colony	4, 4 <del>8</del> , 14, 18, 24, 24 <del>8</del>	Ramat	16, 32, 34, 35, 36
Gilo	30, 31, 32	Rehavia	9, 17, 19, 31, 32
Givat Mordechai	6	Talpiot (Arnona)	7
Givat Ram	9, 19 <del>8</del> , 24, 24 <del>8</del> , 28, 28 <del>8</del>	Talpiot (Indust. Area)	14, 30, 48, 49
Har Nof	2, 11, 13, 16, 29		

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NOTE: Bus #99 (currently twice a day) allows tourists to see all the major sights in Jerusalem. Sun-Thurs. 10am and 12 noon, Fri. 10am, from Kikar Safra which is located at Yafo and Shivtei Yisrael; about a 5 minute walk from school.

## INTER-CITY NETWORK

Egged buses to all parts of the country leave frequently from the Central Bus Station at the end of Yafo Street near the new Convention Center and the Entrance to the city. Buses to Tel-Aviv leave every 10-15 minutes. Bus #405 is nonstop and goes to Tel Aviv Bus station. Bus #480 goes directly nonstop to the Tel Aviv North Railway Station and costs NIS 18. Egged has a bus that stops at Ben Gurion Airport.

You can get schedules at the Information Counter (Modi'in) at the Central Bus Station ("Tachana Ha'mercazit"). Student prices are reduced by 10% and are listed (along with normal fares) at the ticket

counters at each Central Bus Station. Ask for a “Kartis Student”. You must show an ISSTA card (which you can purchase at ISSTA for \$50) to the bus driver when you get on the bus to receive this discounted fare. Otherwise, you will be required to pay the regular ticket price.

For more details on all inter-city and intra-city lines, you can:

CALL:

Egged Information Center (Modi'in) (in Hebrew or Russian)  
Egged Jaffa Gate Terminal (Beit Tannus)

Inter-City: 03-694-8888

Tel.: (02) 624-7783

CHECK ONLINE: <http://www.egged.co.il/Eng/index.asp>

TEXT MESSAGE: SMS 2800 questions about inter city buses

## TAXIS

### CITY (LOCAL) TAXI SERVICES

Taxis are plentiful and relatively inexpensive. “Special” (i.e. private) taxis are equipped with electronic meters and fares are government controlled. Day fares (“tariff 1”) run until 9:00pm and during Shabbat, Holidays and evenings after 9:00pm, “tariff 2” fares are in effect. However, not all taxi drivers are scrupulous about the proper charges and it pays to be aware. There is no urban sherut taxi in Jerusalem. Tipping is not customary.

To avoid an unpleasant situation:

Make sure the driver uses the meter when you start your trip (it is illegal for a driver to refuse to use the meter). We recommend that you always request use of the meter. Just say firmly: “Tishtamesh bamoneh, b'vakashah”- “please use the meter” and be sure to ask for a receipt - “kabalah”. Note from If there is a lot of traffic, and you know the general price the trip should be, negotiating a fare up front, before agreeing to the ride, instead of the meter is more economical. Sitting in traffic with the meter ticking is very expensive.

Check that the proper tariff is being used. If you suspect you are being overcharged, request a receipt and present it to the respective company office. You may also want to document the driver's ID number, which appears inside the cab with his name (in Hebrew), and contact Yaacov Mashiach at the Tourist Ministry, 5 Bank of Israel St. Tel.: (02) 666-4354, or send a fax to Bat Sheva Ogran at the Transportation Ministry at Fax.: (02) 666-3108.

Taxis are usually ordered by telephone, but if you are on the street, stick out your first finger and point to the ground (as if you are directing the cab where you want it to stop.) and wait. If you are taking a cab at night, it is prudent to call and order a taxi to pick you up.

It's a good idea to get a receipt or card from the cab driver when you ride – it's not hard to drop your cell phone or other item in a cab with their dark colored seats, and if you don't know who the driver is, it's very hard to recover anything. Cab drivers do not expect to be tipped.

LOCAL TAXI COMPANIES:

Please use the area code 02 when dialing any of the numbers below

<b><u>Taxi Co.:</u></b>	<b><u>Location:</u></b>	<b><u>Phone:</u></b>	<b><u>Taxi Co.:</u></b>	<b><u>Location:</u></b>	<b><u>Phone:</u></b>
Bar Ilan	Har Hotzvim	586-6666	Rehavia	3 Agron St.	625-4444
HaBira	1 Rav Kook	625-4545	King David	21 King David St.	625-2510
HaGiva'a	French Hill	582-1111	Malcha	Malcha Mall	679-4111
HaPalmach	20 Shai Agnon	679-3333	Ramot Alon	3 Golda Meir	500-0003
Semadar	1 Rahel Emenu	566-1235	HaUma	214 Yaffo	538-9999 (
Israel	11 HaHistadrut St.	625-2333			

## **INTER-CITY TAXI SERVICE ("SHERUT")**

"Sherut" taxi services, in which the passenger pays a flat rate for an individual seat in a 7-seater taxi, operates regularly between Jerusalem, Tel Aviv, Ben-Gurion Airport, Haifa, Beer Sheva and Eilat. Fares are slightly higher than the inter-city bus fares, but you avoid the bus station crowds. Sheruts leave when the car is full, which may be anywhere from 2 -20 minutes. There may also be service (sherut) from Zion Square on Saturday, between Jerusalem and Tel Aviv. For a sherut to the airport, call a day in advance to reserve a seat. A sherut to the airport will pick you up at your apartment and cost approximately 40 NIS.

A sample of inter-city taxi (sherut) services follows:

<b><u>SHERUT COMPANY</u></b>	<b><u>LOCATION</u></b>	<b><u>TELEPHONE</u></b>	<b><u>DESTINATION</u></b>
Geula	2 Chayei Adam St.	(02) 625-1222	Bnei-Brak-50 NIS
Habira	1 Rav Kook	(02) 625-4545	Tel-Aviv 120 NIS, Haifa 550 NIS
			(this rate is for door to door service for the entire 10 passenger van)
Nesher	23 Ben Yehuda	(02) 625-3233, (02) 625 7227	Airport (24 hours)

(45 NIS) and you have to let the phone ring a LONG time. Call one day in advance to order a sherut. They will tell you what time they will pick you up. Call an hour ahead of your scheduled pick up time to confirm/remind them,

## **STUDENT TRAVEL SERVICES (ISSTA)**

Goldsmith Building, Hebrew University, Mount Scopus – Tel.: (02) 535-8600

31 HaNevi'im Street, near corner of Ethiopia Street – Tel.: (02) 621-3600

4 Herbert Samuel Street, near Zion square – Tel.: (02) 621-1888

Student youth services include a travel agency, membership travel discounts, overseas insurance, rental car information, etc. However, be prepared for last minute flight changes. See “Your Year-In-Israel” booklet for more information

Israeli travel agents can generally put together attractive packages within Israel and to Europe and Egypt. Students have used the following travel services (listing does NOT constitute an HUC recommendation):

Zion Tours	625-4326	19 Hillel
Ophir Tours	539 8666	3 Shlomzion Hamalka
Varda Rosbruch	03-644 0033 direct:03-648 0916	<a href="mailto:vardar@unitours.co.il">vardar@unitours.co.il</a>

Useful websites for travel inside Israel:

[www.weekend.co.il](http://www.weekend.co.il), [www.israelpoint.com](http://www.israelpoint.com), <http://www.holidayinIsrael.com/>

## SYNAGOGUES

Synagogues abound in Jerusalem, serving a wide variety of Jewish communities from Moroccan to American and from ultra-Orthodox to Reconstructionist. Kabbalat Shabbat services begin at sunset on Friday. Shabbat Morning Services vary from synagogue to synagogue, but generally begin early, at about 7:30am. Students are encouraged to attend Friday Night (“Leil Shabbat”) and Shabbat morning services, not to mention Festival services, in and around Jerusalem.

HUC offers Shabbat Morning Services in the William Murstein Synagogue, including Holidays and special occasions. Shabbat services begin at 9:30am. Students are expected to attend HUC services at least once a month and to share in leading the congregation (“Kahal”).

Check the Friday edition of the Jerusalem Post and other newspapers for service times, “candle lighting” and “havdalah”. Services usually begin half an hour after “candle lighting”, but check with the congregation.

NOTE: See “Israeli Society - Religious Customs” for additional information.

A BRIEF LIST OF SYNAGOGUES FOLLOWS:

[www.reform.org.il/communities/movementcomm.htm](http://www.reform.org.il/communities/movementcomm.htm)

### THE ISRAEL MOVEMENT FOR PROGRESSIVE JUDAISM

HEBREW UNION COLLEGE  
13 King David St.  
Jerusalem  
Tel.: (02) 620-3333

ACHVAT YISRAEL  
6 Amzaleg St.,  
Rishon L’Zion  
Tel.: 03-956-3822  
052-8881-873

ASHDOD  
Matnas 10 Section 13  
Tel.: 08-8678596  
Eleanora Mitnitski  
Student Rabbi: Hayim Ben-Yaakov

BAT AYIN – PROGRESSIVE CONGREGATION OF  
ROSH HAAYIN  
Inbalim Elementary School, Nave Ofek  
Tel: 052-871-1306 (Noga Meliniark)  
Rabbi Ila Shashua-Miron

BEIT DANIEL  
62 Bnei Dan St.  
Tel Aviv  
Tel.: (03) 544-2740  
Rabbi Meir Azari

BIRKAT SHALOM  
M.P. Shimshon 99786,  
Kibbutz Gezer  
Tel.: (08) 927-0677  
Rabbi Miri Gold – 050-5711086

BRIT OLAM CONGREGATION  
Matnas Kikar Tzahal 104, Kiryat Ono  
Tel.: (03) 534-0084  
Rabbi Michal Konforti

PROGRESSIVE COMMUNITY OF CARMIEL  
Shvil Shevel, next to #10 in the shelter  
Tel: 04-988-1655  
Ofer Kohel, Chairperson

CONGREGATION YOZMA  
3 Emek Bet Shean (Crossing Shimshoni),  
Modi'in  
Tel.: (08) 971-3461  
Rabbi Kinneret Shiryon

DARCHEI NOAM CONGREGATION  
Rothberg High School, Hama'ale St., Ramat  
HaSharon  
Tel.: (03) 540-2935  
Rabbi Yehoram Mazor

EMET VESHALOM CONGREGATION  
724 Shvil HaGanim (Shelter), Nahariya  
Tel.: (04) 992-7293  
Rabbi Israel Horowitz

HAR-EL CONGREGATION  
Rabbi Ada Zavidov  
Cantor Evan Cohen  
16 Shmuel Hanagid St.  
Tel.: (02) 625-3841

KEHILLAT YONATAN  
Hod HaSharon  
Tel.: (09) 746-3447/8

KIBBUTZ LOTAN  
M.P. Hevel Eilat 88855  
Tel.: (08) 635-6888

KIBBUTZ YAHEL  
M.P.. Hevel. Eilat 88850  
Tel.: (08) 635-7911

KOL HANESHAMA CONGREGATION  
1 Asher St.,  
Jerusalem  
Tel.: (02) 672-4878  
Rabbi Levi Weiman-Kelman

MA'ALOT TIVON  
Rehov KKL, 1 Comer HaEmek, Kiryat Tivon  
Tel.: (04) 953-0479,  
Michal Gabrielli, Chairperson

MEVASSERET ZION  
The Junior High School of Mevaseret,  
HaYasmin St.  
Tel.: (02) 570-0361  
Rabbi Maya Leibovic

MITZPEH HAR HALUTZ  
M.P. Birkat Beit Makerem, Galilee  
Tel.: (04) 980-2375  
Lori Melman, Chairperson

MIVAKSHE DERECH  
22 Shai Agnon St.,  
Jerusalem  
Tel.: (02) 679-2501  
Chairpeople: Yossi Finchok, Nachman  
Kahana, Reuven Rosenfeld

NAHAR HAYARDEN  
Moddiin  
(08) 975 3461

NATAN YA  
Beit Lanai, 5 MacDonald St. Netanya  
Rabbi Mira Raz

OHEL AVRAHAM SYNAGOGUE  
Leo Baeck Educational Center,  
90 Derech Tzarfat, Haifa (French Carmel)  
Tel.: (04) 830-0536  
Rabbi Dan Pratt

OR CHADASH CONGREGATION  
55 Hantke Street, Haifa  
Tel.: (04) 834-3905/6/7  
Rabbi Edgar Nof

KEHILAT RA'ANAN  
Merkaz Shmueli, corner of Moshe Dayan,  
Raanana  
09-774-0311  
Rabbi Tamar Kolberg

RAMAT HASHARON  
Tel.: (03) 602-1872, 052-3747964

SHA'AREI KEDEM

Moadon Gil HaZahav, 6 Sirkin St.,

Hertzeliya

Tel.: (09) 954-6711

Dr. Shmuel Saltzman, Chairperson

TZUR HADASSAH

Tel.: (02) 620-2056

Rabbi Ofer Beit-HaLachmi

SULAM YA'AKOV

Beit WIZO, 34 HaNasi, Zichron Yaakov

Tel.: (04) 629-3113

Rabbi Gary Tishkoff

## OTHER SYNAGOGUES IN JERUSALEM

www.

kosherdelight.com/IsraelSynagoguesJerusalem  
vicinity.htm

\*Hechal Shlomo (The Great Synagogue)

56 King George St.

Orthodox: Ashkenazi in main sanctuary with  
Chazan/choir; Sephardi in lower sanctuary

Beit Hillel

4 Balfour St.

56 King George St.

HaNasi

24 Ussishkin St.

Modern Orthodox

Bucharin Synagogue (Baba Tama)

5 David St.

Orthodox-Sephardic

Hasidei Gur

Malchei Yisrael St.

Hasidic

Hasidei Satmar

Yoel St. (near Mea Shearim St.)

Hasidic

Hebron Yeshivah

Hagai St. (near Yehezkel St.)

Orthodox-Lithuanian

\*Italian Synagogue

27 Hillel St. (enter courtyard, 2<sup>nd</sup> floor).

Orthodox-Sephardi;

View museum after service.

Neve Schecter (JTS)

Conservative

Neve Granot

(behind Israel Museum)

Rav Kook Yeshiva

Orthodox

Kiryat Moshe

Reb Arele's Hasidim

(Bottom of Mea Shearim St.- near Hungarian  
houses)

Hasidic - very fervent

\*Moreshet Israel Synagogue

4 Agron St. (across from SuperSol)

Center for Conservative Judaism

\*Yeshurun

44 King George St. (corner of Shmuel Hanagid  
St.)

Orthodox-Ashkenazi; Chazan and Choir

Ohel Nehama

3 Chopin St. (next to Jerusalem Theatre)

Modern Orthodox

\*Yakar

10 Lamed Hey St.

Orthodox (and Carlebach minyan upstairs)

\*Shir Hadash

end of Emek Refaim on the right

Orthodox Carlebach minyan

\*Shirah Hadashah

ICCY – 12 Emek Refaim

[http://www.geocities.com/shira\\_hadasha/](http://www.geocities.com/shira_hadasha/)

Modern Orthodox with egalitarian elements

Hasidei Breslov

HaShla St., near Shmuel HaNagid St.)

Hasidic

Hasidei Chabad

28 Narkis, center of town

Hasidic

Kehillat Moriah

44 Jabotinsky

Modern Orthodox

\*Alleppo Synagogue  
1 Beer Sheva, Nahlaot  
Orthodox Syrian

Beit Simcha  
Mishkenot St., Nahlaot  
Orthodox energetic Carlebach minyan

\*Yedidya  
2 Gad Street, Baka  
Liberal Orthodox

Maayanot  
“Mesorati” High-School Building. Beitar St.  
Conservative

\*recommended synagogue often visited by  
HUC students

\*Egalitarian Minyan  
Contact: Philip Elman [philipos@barak-online.net](mailto:philipos@barak-online.net)  
Traditional Egalitarian



1222 for the Herald Tribune.

## **MUSICAL AND THEATRICAL PERFORMANCES**

Treat yourself every once in a while! Symphonies, pop singers, jazz bands, professional dance and theatrical groups perform regularly in Jerusalem. Check the student bulletin board (many performances have special student discounts) and billboards in town for current performances, as well as the Jerusalem Post weekend edition.

Tickets can generally be purchased at the box offices around town. Students can also purchase subscription tickets for the Israel Philharmonic Orchestra, The Jerusalem Symphony, The Batsheva and Bat-Dor Dance Companies and The Israel Chamber Orchestra.

A list of the main theatres, concert halls and ticket box offices follows:

Theater	Address	Bus	Telephone (02)
Binyanei Ha'Uma	Shidav Shazar (opp. Central Bus Station)		655-8558
Gerard Behar Center	11 Bezalel St.	4,9,17	625-1139
Hazira Performance Center	4 Yad-Harutzim St.	14	673-3814
ICCY	12 Emek Refaim St.	4,18	566-4144/5
Israel Museum	Ruppim St.	9,24	670-8811
Jerusalem Theatre	20 Marcus St.	15,4	560-5755
Khan Theatre	Near Train Station	4,6,7,18,21,48	671-8281
Pargod Theatre	94 Bezalel St.	17,19	625-8819
Rubin Academy	Givat Ram, Hebrew U	9, 24,28	675-9911
The Yellow Submarine	13 Ha'rakavim St.	7, 21, 30	656-6611
YMCA	26 King David St.	6,15,18	569-2692

## **TICKET BOX OFFICE                      ADDRESS                      TELEPHONE**

Bimot Box Office	8 Shamai St.	624-0896
Kla'im	12 Shamai St.	625-6869
Kartistent (Student tickets)	Forum, Mount Scopus	

## **CINEMAS**

Movie theaters usually change their movies on "Thursday". Film Classics are screened at Cinematheque's Israel Film Archives and The Israel Museum. Check the newspaper for the current films and their times. \*Membership entitles you to a listing of opening films and a discount on tickets.

The lowdown on the Cinematheque: with student I.D., year pass (manui) is about 437NIS (see 13 films during the year, you've made your money back) The pass does not include the International Festival in July and special events associated with it – there are a few other exclusions. Those who are shomer Shabbat can reserve tickets on Friday before Shabbat for motzei Shabbat. Otherwise, you need to show up before the show to get a ticket or use the members hotline same day to reserve a ticket. If you don't cancel your reservations and miss the screening, you lose the privilege.

<b>MOVIE THEATER</b>	<b>ADDRESS</b>	<b>TELEPHONE (02)</b>
Movie Line (movie listings and locations)		679-4477
Cinematheque*	11 Derech Hebron St.	563-4333
Globus Kenyon	Malcha Mall	678-8448
ICC Jerusalem	Binyanei HaUma	622-1229
Israel Museum	Ruppin St.	670-8811
Jerusalem Theatre	20 Marcus St.	560-5755
Rav-Chen	17 Haoman St., Talpiot Industrial	679-2799
Smadar	4 Lloyd George St. German Colony	561-8168
Mevasseret Zion	Harel Mall, Mevasseret Zion	570-0867

### **SPORTS FACILITIES**

There are many types of physical activities that you can participate in and around Jerusalem. Some are pre-arranged while others allow you to organize them yourselves. The YMCA and the David Citadel Hotel are close to campus and provide a variety of workout opportunities, including a pool, fitness gym, aerobic workout, etc. Often a student discount or group discount can be arranged. Non-discounted yearly memberships may range from \$700-\$900. Other memberships are also available.

Yearly Pool rates: Jerusalem Pool on Emek Rafaim: 1626 NIS a year for students, if you sign up in a pair of students, Shula says she will give us a special rate of 2137 NIS per pair. She also says that it is an Olympic size pool. For swimmers, this is much less expensive than joining the fancy pools at the YMCA (2880-3200NIS for one person) or the Dan Citadel (7140NIS) OG

### **HEBREW UNIVERSITY SPORTS FACILITIES**

The main recreational facilities of the Hebrew University are located on the Givat Ram campus and include an indoor, heated swimming pool, soccer field, basketball, volleyball, tennis, squash and handball courts, as well as the gym. Instruction is given in many sports from yoga to karate to swimming. Although all of the sports facilities are open throughout the academic year and summer months, the swimming pool is normally closed during the month of October.

For more information contact:

#### **Department of Physical Education**

Akademon Building (Manof), Givat Ram

Telephone: (02) 658-4287

Office Hours: Sun. - Thurs. 10:00am - 1:00pm

Wed. 3:00pm - 5:00pm

Students: NIS 1350/year – pool, tennis courts, workout room

Non-Students: NIS 1950/year – pool only

Department of Physical Education

Humanities Building, Block 8, Mt. Scopus

Telephone: (02) 658-4286

## **SPORTS ACTIVITIES**

	<b>ADDRESS</b>	<b>BUS</b>	<b>TELEPHONE</b>
<b>AEROBICS</b>			
YMCA / Great Shape David Citadel	26 King David St. King David	6,15,18,21,30	564-2692 /625-3433 621-2255
<b>BOWLING</b>			
Talpiot Bowling	HaAhim Israel Center	12, 30	673-2195
<b>HORSEBACK RIDING</b>			
Amir	Ramot Road		582-1711
King David Riding Range	M.P. Harei Yehuda	186	534-0535
Maayan Farm	Ramat Raziyeel		050-5997-711
Mizrachi Stables	Meir Kfar Adumim		535-4769
Riding Club	Kiryat Moshe	6,11,15	651-3585
<b>ISRAELI FOLK DANCING</b>			
HUC - Jerusalem	(Open- Summer time only)		620-3333
ICCY Hall	12 Emek Refaim	4,18	
YMCA	6 King David St.		569-2692
YMHA	105 HaRav Herzog St.	6,19	678-9441
<b>SELF-DEFENSE</b>			
Machon Ohayon	26 Emek Refaim St.	4,18	
Baka Community Center	Call: Eli Cohen		535-2615
Machon Kosher (Yarim)	19a Keren Hayesod St.	4,7,8	625-2829
Jerusalem Sports Club	32 Hatzefira St.		563-2125
*Activities include tennis, volleyball, calisthenics, basketball, chess, ping-pong, bridge, films, lectures etc.			
<b>TENNIS</b>			
Holyland Hotel	Bayit Vegan	21	643-7777
Jerusalem Sports Club	32 Hatzefira St.	4,18	563-2125
Neve-Ilan	M.P. Harei Yehuda	186	533-9339
YMCA	26 King David St.	15,18	569-2692
Israel Tennis Center	1 Elimelech, Katamon	4,18,19	679-1866
<b>WEIGHTLIFTING</b>			
Machon Kosher (Yarim)	19A Keren Hayesod	4,7	
Samson's Gym	Lev Yerushalayim, 18 King George St.		
<b>MISCELLANEOUS</b>			
American Softball League			582-9515
Bicycle Club			671-1523, 581-5424

Scrabble Club  
Trail Blazers Running Club

676-7967  
566-5954

#### SWIMMING

\*During the summer, most public pools are open from 9:00am - 5:00pm daily (except Fri). Nearly all pools charge an entrance fee, although some offer special student rates. Some have spa facilities.

Holyland Hotel	Bayit-Vegan	21	643-7777
Sheraton Plaza Hotel	King George St.	4,7,9	629-8666
David Citadel Hotel	King George St.		621-2255
King David Hotel	King David St. 15,18		620-8888
Neve Ilan	M.P. Harei Yehuda	186	533-9339
Ramada Renaissance	6 Wolfson St.	9,28	659-9999
Jerusalem Forest Hotel	Jerusalem Forest	33	641-6060
YMCA	26 King David St.	15,18	625-7111
YMHA-Beit Hanoar Ha'ivri	HaRav Herzog St.	6,19,31,32	678-9441
Kibbutz Ramat Rachael	Talpiot	7	670-2920
Kibbutz Kiriat Anavim	M.P. Harei Yehuda	186	534-8999
Inbal Hotel	Jabotinsky St.	18,4,7,48	675-6666
Jerusalem Pool	43 Emek Rafaim St	4,4a, 18	563-2092
Holiday Inn	Givat Ram		658-8968

## MUSEUMS AND OTHER SITES IN JERUSALEM

For general museum information, call (02) 651-0159 or (02) 651-0160.

NOTE: ALL HOURS ARE SUBJECT TO CHANGE – CALL BEFORE YOU GO

### ISRAEL MUSEUM

[www.imj.org.il](http://www.imj.org.il)

Derech Ruppin Tel.: (02) 670-8811

Hours:	Sun.:	closed
	Mon., Wed., Sat. & Holidays:	10:00am - 4:00pm
	Tues.:	4:00pm - 9:00pm
	Thurs.:	10:00am - 9:00pm
	Fri.:	10:00am - 2:00pm

Buses: 9, 17, and 24.

The Israel Museum, Israel's national museum, is the largest and most important museum in the country. The most significant archeological finds are on exhibit, as well as an ethnographic exhibit, which traces the Jewish Life Cycle. The most diversified Judaic collection of its kind in the world is here. Also on exhibit are works of both Israeli and international artists. Other treasures include the famous Dead Sea Scrolls and Bar Kochba letters. Don't miss the Youth Wing! Tickets can be purchased a half hour before opening and a half hour before closing.

\*Note: the museum now offers free guided-tour headsets with your admission! (OG)

### ROCKEFELLER ARCHAEOLOGICAL MUSEUM

[www.imp.org.il/eng/branches/rockefeller](http://www.imp.org.il/eng/branches/rockefeller)

Sultan Suleiman St., East Jerusalem, near Flower Gate

Tel.: (02) 628-2251

Hours:	Sun., Mon., Wed., Thurs.:	10:00am - 3:00pm
	Sat. & Holidays:	10:00am - 2:00pm
	Tues. & Fri.	CLOSED

The museum records the region's history, beginning with the remains of the 100,000 year old Mr. Carmel Man, and shows the cultural impact of conquering civilizations. It was designed in the 1920's by British architect Austin S.B. Harrison in his unique Orientalist Gothic Style.

Buses: 1 and 2

### YAD VASHEM, MARTYRS AND HEROES, REMEMBRANCE, AND AUTHORITY

[www.yadvashem.org](http://www.yadvashem.org)

Har Hazikaron

Tel.: (02) 644-3565

Hours:	Sun.-Thurs.:	9:00am - 5:00pm
	Fri. & Holiday evenings:	9:00am - 2:00pm

Guided tours in English:

Sun- Fri.

11:00am

Buses: 13, 17, 17a, 18, 20, 24, 26, 27 & 99

This museum memorializing the Holocaust overlooks the village of Ein Kerem. The Historical Museum retells the horrifying story of the destruction of European Jewry with the use of photographs and documents, 50,000 of which are housed in the Central Archives. The Hall of Names has records of over three million victims and in the Valley of the Destroyed Communities, 5,000 communities from 22 countries are remembered. Perhaps one of the most moving exhibits is the Children's Memorial designed by Moshe Safdie in memory of the million and-a-half children who perished in the Holocaust.

#### L.A. MAYER MEMORIAL INSTITUTE FOR ISLAMIC ART

[www.islamicart.co.il](http://www.islamicart.co.il)

2 Hapalmach St.

Tel.: (02) 566-1291 or (02) 566-1292

Hours: Sun., Mon.:

10:00am - 3:00pm

Tues.:

10:00am - 6:00pm

Weds, Thurs.

10:00am - 3:00pm

Fri., Sat., Holidays:

10:00am - 2:00pm

Bus: 13

A rich and diversified collection of treasures from the Islamic world from the 7<sup>th</sup> Century to the 20<sup>th</sup> Century is on display. These include early medieval and more recent Islamic works of art, jewelry, and ornaments. Exhibited is the famous collection of European watches and clocks on loan from the founder's family. Rotating exhibitions on various themes are also on display.

#### CITY OF DAVID- ARCHEOLOGICAL GARDERS AND WARREN'S SHAFT

Hours: Sun.-Thurs.:

9:00am - 5:00pm

Fri. & Holiday eves:

9:00am - 1:00pm

#### TOWER OF DAVID MUSEUM

[www.towerofdavid.org.il](http://www.towerofdavid.org.il)

Jaffa Gate

Tel.: (02) 626-5333

Hours: Mon.-Thurs.:

10:00am - 4:00pm

Sat.:

10:00am - 2:00pm

English Tours Sun-Thurs

11:00am

Bus: 20

The Tower of David Museum is set in the magnificently restored Citadel constructed 2,000 years ago by Herod the Great. Jerusalem's long and eventful history is illustrated through state-of-the-art displays and exhibits. Canaanites, Hebrews, Greeks, Romans, Crusaders, Moslems and Turks are richly represented here. The panoramic route along the Citadel towers with its breathtaking views of the city and the lush archeological gardens- all contribute to an experience you will always cherish.

#### TICHO HOUSE

[www.imj.org.il/eng/branches/Ticho\\_house](http://www.imj.org.il/eng/branches/Ticho_house)

9 Harav Kook St.	Tel.: (02) 624-5068
Hours: Sun., Mon., Wed., Thurs.:	10:00am - 5:00pm
Fri.:	10:00am - 2:00pm
Saturday night	till 11 p.m.

This former home of Anna Ticho also housed her husband's eye clinic. Today, the museum exhibits watercolors and drawings, and many scenes of Jerusalem by Anna Ticho. Dr. Ticho's large collection of menorahs is displayed as well. There are also a restaurant and gardens. The Ticho House is affiliated with the Israel Museum. Classical music concerts are held here every Friday at 11am for approximately 30 NIS.

#### BIBLE LANDS MUSEUM JERUSALEM

[www.blmj.org](http://www.blmj.org)

25 Granot St. (Next to Israel Museum)	Tel.: (02) 561-1066
Hours: Sun., Mon., Tues., Thurs.:	9:30am - 5:30pm
Wed.:	9:30am - 9:30pm
Fri. & Holiday eves:	9:30am - 2:00pm

Guided Tours in English:	10:15am and Wed. 5:30pm
Buses: 9, 17, 24 & 99	

This museum is the home of one of the most important collections of ancient artifacts, displaying rare works of art from the dawn of civilization to the Byzantine period. Visitors to the museum journey through the fascinating Biblical period. The treasures exhibited as physical evidence of the civilizations and events described in the Bible. Traditions, rituals, religions and cultures are brought to life through seals, ivories, mosaics, jewelry and many other exquisite objects of the ancient Near East.

#### THE NAHON MUSEUM OF ITALIAN JEWISH ART

[www.jija.org/ENGLISH/JIJA/Museum/museum.html](http://www.jija.org/ENGLISH/JIJA/Museum/museum.html)

27 Hillel St	Tel.: (02) 624-1610
Hours: Mon.	9:00am - 2:00pm
Sun., Tues. Wed:	9:00am - 5:00pm
Thurs., Fri.:	9:00am - 1:00pm

This museum displays Italian Judaic, which is noted for its excellent craftsmanship and use of precious metals. In 1952 the Italian synagogue of Conegliano Veneto, built 1701, just outside Venice, was transported to Jerusalem and is now on display at the museum. In addition to exhibiting ceremonial art, the museum is also a functioning synagogue for the city's Italian population.

#### THE BERNARD M. BLOOMFIELD SCIENCE MUSEUM

[www.mada.org.il](http://www.mada.org.il)

Ruppin St., Givat Ram (across from the government offices)	Tel.: (02) 654-4888
Hours: Mon.- Thurs.:	10:00am - 6:00pm
Fri.:	10:00am - 2:00pm
Sat. & Holidays:	10:00am - 3:00pm
Sun.:	CLOSED

Buses: 9, 24 & 28

Why do umbrellas invert in the wind? What causes a whirlpool in your bathtub? How can a ball sit on a stream of air? How does a giant wave travel and break? How can small children lift their parents? With the help of fascinating exhibits and activities you will discover the answers to these questions and other intriguing scientific phenomenon of daily life. The exhibits are all interactive (hands-on), attracting the eye and stimulating the brain. With illuminating explanations in Hebrew, English and Arabic, the museum is wonderful for children, as well as the whole family. Call for information about various activities.

#### THE MUSEUM OF NATURAL HISTORY

Mohilver St., German Colony

Hours: Sun., Tues., Thurs.:  
Mon., Wed.:  
Sat.:

Tel.: (02) 536-1114

8:30am - 1:30pm

8:30am - 6:00pm

10:00am - 2:00pm

Buses: 4, 14 & 18

#### WOHL ARCHAEOLOGICAL MUSEUM/THE HERODIAN QUARTER

Hurvah Square, Corner Ha-Karim Road

Jewish Quarter, Old City

Located underground, this museum displays the remains of six Herodian mansions inhabited by Jerusalem's nobility. They were built in what was called the Upper City facing the Temple Mount.

#### THE BURNT HOUSE-BEIT KATHROS

2 Tiferet Israel St. Jewish Quarter, Old City

Hours: Sun.- Thurs.:  
Fri. & Holiday eves:

Tel.: (02) 628-7211

9:00am - 4:30pm

9:30am - 12:30pm

Buses: 38, 1

The Burnt House was discovered in 1970 as a result of an archeological dig sponsored by the Israeli Exploration Society, the Department of Antiquities and Museums of the Israel Ministry of Education and Culture and the Hebrew University of Jerusalem. On display are the remains of the home of an aristocratic Jewish family from the Second Temple period. The site effectively shows Jewish life in this period until the destruction of Jerusalem by the Romans in 70AD.

#### OLD YISHUV COURT MUSEUM

6 Or Hachaim St., Jewish Quarter

Hours: Sun.-Thurs.:

Tel.: (02) 628-4636

9:00am - 2:00pm

Buses: 1, 6, 19, 20, 30 & 38

The Court of the Old Yishuv (Jewish Community) has been reconstructed as a special museum, designed to reflect the life of the Jewish community of the Old City of Jerusalem from the middle of the 19<sup>th</sup> century until World War I or the end of the Ottoman rule in Palestine.

#### HECHAL HAGVURAH/HALL OF HEROISM

Russian Compound

Under the British Mandate, the building was used as a high-security prison for members of the Jewish underground movements who fought against the British. Rabbi Aryeh Levin visited the prisoners every Shabbat, regardless of the political climate or inclement weather conditions in order to give the men spiritual and emotional guidance. The museum is dedicated to these heroes of the Jewish underground.

#### AMMUNITION HILL PARK AND MUSEUM

Ammunition Hill, Eshkol Boulevard

Tel.: (02) 582-8442

Hours: Sun.-Thurs.:

9:00am - 5:00pm

Ammunition Hill is the official memorial symbolizing the liberation and reunification of Jerusalem in 1967 during the Six-Day War. It is dedicated to the 183 soldiers who fell during the fight for Jerusalem. The museum is located on the site of a Jordanian fortification, which was captured following a bloody battle. It has been preserved intact. The site includes an underground museum, a screening hall, an outdoor museum, a library, conference rooms and public gardens.

#### THE TISCH FAMILY ZOOLOGICAL GARDENS IN JERUSALEM

[www.jerusalemzoo.org.il](http://www.jerusalemzoo.org.il)

Malcha

Tel.: (02) 675-0111

Hours: Sun.- Thurs.:

9:00am - 5:00pm

Fri:

9:00am - 4:30pm

Sat:

10:00am - 5:00pm

Note: Tickets are sold until one hour before closing

The Biblical Zoo houses many rare animals native to Israel and mentioned in the Bible. There are also extensive bird collections and numerous animals in danger of extinction from all over the world. This modern and innovative zoo blends exquisitely into its surroundings and features imaginative animal exhibits, centered on a spacious pond with lovely waterfalls. Student memberships are available for the zoo and offer big savings for frequent visitors.

#### AGNON'S HOUSE

16 Joseph Klausner St. Tel.:

(02) 671-6498

Hours: Sun.- Thurs.:

9:00am - 1:00pm

Bus: 7

#### THE BOTANICAL GARDEN - GIVAT RAM

[www.botanic.co.il](http://www.botanic.co.il)

Ruppin St.

Tel.: (02) 679-4012

Hours: Sun. – Thurs., Sat.

7:00am - nightfall

Fri. & holiday eves

7:00am – 3:00pm

Buses: 17, 19, 31

#### THE CENTRAL ZIONIST ARCHIVES

[www.zionistarchives.org](http://www.zionistarchives.org)

Near Binyaney Ha'Uma

Hours: Sun.-Thurs.:

8:00am - 5:30pm

Fri.:

8:00am - 12:00pm

Buses: All buses to the Central Bus Station.



THE CHAGALL WINDOWS

[www.md.huji.ac.il/chagall/chagall.html](http://www.md.huji.ac.il/chagall/chagall.html)

Hadassah Medical Center, Ein Kerem

Hours: Sun.-Thurs.:  
Friday:

Tel.: (02) 641-6333

8:00am - 1:15pm, 2:00pm - 3:30pm  
CLOSED

Buses: 19, 27

THE FIRST TEMPLE MODEL AT RACHEL BEN ZVI CENTER (CLOSED UNTIL OCTOBER 2006)

Plugat Hakotel St.

Jewish Quarter

Hours: Sun.- Thurs.:  
Fri.:

Tel.: (02) 628-6288

9:00am - 4:00pm  
9:00am - 1:00pm

Buses: 38, 1

THE HOUSE OF RABBI KOOK

11 HaRav Kook St.

Hours: Sun.- Thurs.:  
Fri. & Holiday eves:

Tel.: (02) 623-25609

9:00am - 4:00pm  
9:30am - 11:00am

Buses: All buses to the City Center.

THE ISRAELITE TOWER (CLOSED UNTIL OCTOBER 2006)

Shonei Halakhot St.

Jewish Quarter

Hours: Sun.-Thurs.:  
Fri. & Holiday eves:

Tel.: (02) 628-8141

9:00am - 5:00pm  
9:00am - 1:00pm

Buses: 1, 38

THE JERUSALEM MALL- CANYON YERUSHALAYIM

Malcha

Tel.: (02) 697-1333

Buses: 6A, 31 & 24

THE JEWISH NATIONAL FUND TREE PLANTING CENTERS

Hadassah Ein Kerem Forest and Kiryat Menachem Forest Tel.: (02) 670-7402

Hours: Sun.- Thurs.:  
Fri. & Holiday eves:

8:00am - 4:00pm  
8:00am - 12:30pm

Buses: 19, 27 (Hadassah Ein Kerem) & 13 (Kiryat Menachem)

EAST JERUSALEM DEVELOPMENT COMPANY SITES  
THE JERUSALEM ARCHAEOLOGICAL GARDEN AND DAVIDSON CENTER  
[www.archpark.org.il](http://www.archpark.org.il)

Along the southern wall of  
The Western Wall

Hours: Sun.-Thurs.: Tel.: (02) 627-7550  
8:00am - 5:00pm  
Fri. & Holiday eves: 8:00am - 2:00pm

Buses: 1, 2, 38, 99

THE RAMPARTS WALK

Walk on the Old City walls

Hours: Sun.- Thurs.: Tel.: (02) 627-7550  
9:00am - 4:00pm  
Fri. & Holiday eves: 9:00am - 2:00pm  
Sat.: 8:00am - 5:00pm

Buses: 3, 13, 19, 20 & 30

THE TAYELET (SHEROVER & HAAS PROMENADES)  
Armon Hanatziv, East Talpiot

Bus: 8

THE SIEBENBERG HOUSE

[www.siebenberghouse.org/nyt.htm](http://www.siebenberghouse.org/nyt.htm)  
5 Beit Ha'Shoeva St., Jewish Quarter  
(Visits upon request)

Tel.: (02) 628-2341

Buses: 1, 38

THE WESTERN WALL TUNNELS

<http://english.thekotel.org/content>

Visits upon request

Tours usually start around 2pm

Tel.: (02) 627-1333

Buses: 1, 38

## LIFELINE FOR THE OLD

www.lifeline.org.il

Tour workshops and see elderly artisans at work.

Visit gift shop of handicrafts by the elderly.

Hours: Sun.-Thurs.:  
Fri. & Holiday eves:

Tel.: (02) 628-7829

9:00am - 4:00pm

9:00am - 1:00pm

Buses: 1, 3 & 13

## MISHKANOT SHAANANIM

Yemin Moshe

Near Brechat Hasultan

Buses: 7, 30, 21 & 48

## MINI ISRAEL

Miniature park in Latrun Telephone: 08-9222444

[www.minisrael.co.il](http://www.minisrael.co.il)

## PUBLIC PARKS

Independence Park  
George St.

Located on Agron St., between Shlomzion HaMalka St. and King

Liberty Bell Park

Located between Jabotinsky St. and King David St.

Sachar Park

Located on Ben-Z'vi St., near the Monastery of the Cross

The Rose Garden

Located on Shaarei Mishpat St., near the Knesset

## PUBLIC AND PRIVATE LIBRARIES

Collections can be found in nearly 250 public, academic and special libraries (with catalogs in English) in and around Jerusalem. For a comprehensive survey, see "A Guide to Jerusalem Libraries" (compiled by Mathilde A. Tagger, published by The Jerusalem Institute for Israel Studies - research paper #3, Jerusalem, 1982). Additional "library" information can be found in this booklet under the "Campus-Library" (HUC) section.

### AMERICAN CULTURAL CENTER LIBRARY

19 Keren Hayesod St., POB 920

Telephone: (02) 625-2376

Hours: Sun. - Thurs.

10:00am - 4:00pm

Fri.

9:00am - 12:00pm

Open to the public. Membership is free and available to all permanent residents of Israel over sixteen (16). Large collection of videotape cassettes, US telephone books and college catalogues. Color video recorders and TV sets can be used during library hours.

### AMERICAN JEWISH COMMITTEE LIBRARY

16 King George Street, (5<sup>th</sup> floor)

Hours: Daily

9:00am - 4:00pm

BRITISH COUNCIL LIBRARY

GAN HA' TECHNOLOGI, MALCHA.

Hours: Mon. Tue. Thurs.  
Wed.  
Fri.

TELEPHONE: (02) 640-3900/1

2:pm - 7:00pm  
11am - 4pm  
10:00am - 1:00pm

Open to the public with books and films loaned only to members. Students are asked to bring a letter from HUC requesting membership.

MINISTRY OF LABOR & SOCIAL AFFAIRS - CENTRAL LIBRARY FOR SOCIAL WORK

10 Abarbanel St.

Hours: Sun & Thurs.  
Mon., Tues. & Wed.  
Fri.

Telephone: (02) 563-1369

8:00am - 7:00pm  
8:00am - 3:00pm  
8:00am - 1:00pm

CINEMATHEQUE LIBRARY

11 Derech Hebron St.

Part of the Israel Film Archives (specialist film library)

Facilities for viewing video tapes

Hours: Mon. & Wed.

Telephone: (02) 563-4333

10:00am - 4:00pm

Not open to the general public

GULBENKIAN LIBRARY OF THE ARMENIAN PATRIARCHATE

Armenian Quarter, Old City

Hours: Mon. - Fri.

3:30 - 7:00pm

Open to the public

ISRAEL MUSEUM LIBRARY

Ruppin St.

Hours: Mon., Wed. Thurs.  
Tues.  
Sundays

Telephone: (02) 670-8811

10:00am - 4:00pm  
4:00pm - 8:00pm  
CLOSED

The Feinberg Library is located in the Youth Wing of Museum.

JERUSALEM CITY LIBRARY (CARL J. & DANIEL R. MAYER CENTRAL LIBRARY)

Beit Ha'am, 11 Bezalel St.

Hours: Sun. - Thurs.  
Fri.

Telephone: (02) 625-6785

10:00am - 6:45pm  
CLOSED

Includes Adults Lending Library; Children's Library (ground floor) Carlebach Newspaper Library; Special Collections (5<sup>TH</sup> floor); Art Gallery and Collection (records, sheet music, slides) and Lending facilities. Use of the reading room is free. A deposit is required to enable adults and children to borrow materials. There are 27 branch and mobile libraries serving East & West Jerusalem. A list of these libraries, locations of mobile libraries and library hours can be found at Beit Ha'am.

MINISTRY OF EDUCATION AND CULTURE -  
ROCKEFELLER MUSEUM LIBRARY OF DEPARTMENT OF ANTIQUITIES AND MUSEUMS  
Opposite Herod's Gate

Hours: Sun., Tues., Thurs. 10:00am - 3:00pm  
Fri. 10:00am - 2:00pm

OPEN HOUSE LIBRARY

7 Ben Yehuda Telephone: (02) 625-3191  
Books by and about and LGBT people.

SCHOCKEN INSTITUTE FOR JEWISH RESEARCH OF THE JEWISH THEOLOGICAL SEMINARY

6 Balfour St. Telephone (02) 563-1288  
Hours: Sun. - Thurs. 10:00am - 3:00pm  
Tues., Fri., Sat. CLOSED

History of printing and graphic art and ancient Hebrew manuscripts

YAD VASHEM LIBRARY AND ARCHIVES

Har Hazikaron Telephone: (02) 644-3531 (Library)  
(02) 644-3721 (Archives)  
Hours: Sun. - Thurs. 8:00am - 3:00pm  
Fri. 8:00am - 1:00pm

Archives may be requested until 3:00pm

HEBREW UNIVERSITY LIBRARIES:

JEWISH NATIONAL AND UNIVERSITY LIBRARY - GIVAT RAM  
Circulation Department: Telephone: (02) 658-5002  
Circulation Hours:  
Sun. - Thurs.: 9:00am - 6:00pm  
Reading Rooms: Open Friday

BLOOMFIELD LIBRARY FOR HUMANITIES AND SOCIAL SCIENCES

Mt. Scopus Telephone: (02) 588-2124/5  
Library Hours: Sun. - Wed. 9:00am - 9:30pm  
Thurs. 9:00am - 7:45pm  
Holiday eves 9:00am - 12:30pm

This library contains the collections of all departments in the faculties of the Humanities and Social Sciences. It holds some 400,000 volumes and subscribes to 2,200 periodicals. The library seats 2,000 readers.

OTHER HEBREW UNIVERSITY LIBRARIES:

MT. SCOPUS CAMPUS:

Bloomfield Library

Education Library

Social Work Library

Law Library

Truman Center Library

Archaeology Library

TELEPHONE:

588-2124/5

588-2066

588-3285

588-2543/2587

588-2313 (Director's number)

588-2415

GIVAT RAM CAMPUS:

Natural Science Library

National Library

TELEPHONE:

658-5111

658-5111

## **CAFES, RESTAURANTS AND AFTER-DARK SPOTS**

Israel's cities contain many types of cuisine from all over the world. Some are for tourists and others are for the Israeli; some you cannot miss and others you may not be able to locate but may stumble upon them. A more complete and updated list and discounts are available on the Web at [www.eluna.com](http://www.eluna.com) so you can chose the ones you prefer. The following are just a few recommendations:

<u>Name</u>	<u>Location</u>	<u>Comments</u>
Al-Dente	50 Ushiskin St.	Italian, kosher
Angelo	9 Horkanos St.	Family-style, Italian, kosher
Beit Ticho	9 HaRav Kook St.	Pasta and Dairy, garden, kosher
Besograim	45 Ausishkin St.	Vegetarian, garden, dairy, kosher
Burgers Bar	18 Emek Refaim	Meat, kosher
Burgers Bar	12 Shamai	Meat, kosher
Cafe Atara	29 Azza St.	Dairy, kosher
Cafe Paradiso	36 Keren Heyesod	Non-kosher
Cafe Rimon (Rimon Cafe)	4 Lunz St.	Dairy, city center, kosher
Cafit	35 Emek Rafaim St.	Popular Coffee Shop, dairy, kosher
Cinematheque (Cacao)	Derech Hebron St.	Outdoor Terrace, Italian, non-kosher
Darna	3 Horkanus St.	Moroccan, meat, kosher
El Gaucho	22 Rivlin St.	Argentinean food and steaks, kosher
Eldad Vezehu	31 Yaffo St.	French, non-kosher
Focaccia Bar	4 Rabbi Akiva St.	Italian, non-kosher
Hess Cafe	Moshe Hess	Kosher
Hillel	1 Helene Hamalka./8 Hillel .	Great sandwiches and salads
Hillel	Emek Refaim .	Great sandwiches and salads
Ima's	189 Agrippas St.	Middle-Eastern, kosher
Joy Grill & Beer	24 Emek Refaim	Meat, kosher
LaBelle-Bar	Rivlin St.	Great bar and food, kosher
Laguta	16 Rivlin St.	French, kosher
Little Italy	38 Keren Heyesod	Italian, kosher
Luigi	12 Yoel Solomon St.	Italian food and Dairy
Marvad Hakesamim	16 King George St.	Yemenite, pitta, salad, steaks, kosher
Masaryk	31 Emek Refaim	Kosher, great pasta
Norman's	Emek Refaim	Kosher, meat
Pinati	King George and Ben Yehuda	Best humus in Jerusalem
Restobar	Aza and Rambam	All food, good hamburgers
Rosemary	Mapu St.	Dairy/fish, kosher
Sakura	31 Yaffo	Japanese, non-kosher
Shemesh	Ben Yehuda St.	Shishlik, felafel, kosher
Spaghetim	8 Rabbi Akiva St.	Pasta, sauces, not kosher
Tal's Bagel	Emek Refaim	One of few bagel places
Te'anim	Emek Refaim	vegetarian, dairy, kosher
Tmol Shilshom	5 Yoel Solomon St.	Bookstore and cafe
Vaqueiro	54 HaNevi'im	S. African/Argentinean Meat, kosher
Village Green	33 Yaffo	Vegetarian, kosher

YMCA/Hatsrif	26 King David St.	Dairy (non kosher)
Yosi Peking	15 Keren Kayemet	Chinese, kosher
Yo-Ja	25 Emek Refaim	Asian, kosher

Many bars are found in the Russian Compound and on Yoel Solomon. Discos are at the Hyatt Hotel, in the Russian Compound, and in the Talpiot Industrial Zone. Tipping of 12% is expected, unless it is included in the bill. More places are listed below and in the shopping guide later in this booklet.

#### COFFEE SHOPS AND MORE

Aroma	Emek Refaim & Hillel	not kosher but no meat
The Coffee Mill	Emek Refaim	
T'mol Shilshom	Off Yoel Solomon	
Coffee Shop	Rahel Emenu, Aza, Hillel	

#### BAKERIES

Ne'eman	Emek Refaim	
Marzipan	on Agrippas by the Shuk	excellent rugalach
Lechem Europa	Rehov Aza	
Lechem Toshiya	Aza and Metudela	
English Cake Pastry Shop	Rehov Jaffo & Agrippas	
Machane Yehuda/Shuk	Between Jaffo & Agrippas	challot

#### BARS

Egon	Yoel Solomon	
Etzal Roni	in the Rivlin food court	
Laila's	off of HaNevi'im	
Noc	in the Rivlin food court	
Shot	Shlomo HaMelech	
Togo	end of Rivlin	
Tzuf	next to the Cinematheque	
Zollis	Next to the Rivlin Food Court	

#### PIZZA

Pizza Sababa	43 Emek Refaim, 561-7773/4
Pizza Meter	54 Emek Refaim 1-700-50-50-40
Pizza Panini	Aza and Rambam

## ONGOING EVENTS AND LECTURES

There is comprehensive information on lectures, plays, presentations, art exhibits etc available in the Friday edition of Haaretz/J.Post. The J.Post online now offers "Café Ole" schedule of events – free registration to J.Post online.

## TOURIST INFORMATION

For information about sights and events in and around Jerusalem and the country, check Friday's edition of the local newspaper, bulletin boards at HUC and around town. Also check with staff and administration at the College.

Also look at [www.jerusalemfoundation.org/home.php](http://www.jerusalemfoundation.org/home.php) for a city guide and at [www.parks.org.il](http://www.parks.org.il) for parks and reserves countrywide.

Additional information on the City of Jerusalem and Israel, social and cultural life, main events, maps, information pamphlets, tourist sites and institution hours, etc. may be obtained from:

### JERUSALEM MUNICIPAL INFORMATION

17 Jaffo St.	Telephone: (02) 625-8844
Hours: Sun. - Thurs.	9:00am - 4:00pm
Fri. and Holiday eves	9:00am - 12:00pm

### GOVERNMENT TOURIST INFORMATION

Jaffo Gate, Old City	Telephone: (02) 6271-422
Hours: Sun. - Thurs.	8:30am - 6:00pm
Fri	8:30am - 2:00pm

### ASSOCIATION OF AMERICANS AND CANADIANS IN ISRAEL (AACI)

6 Mane St	Telephone: (02) 561-7151
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## YOUTH HOSTELS

See [www.youth-hostels.org.il](http://www.youth-hostels.org.il)

### JERUSALEM AND SURROUNDINGS

Bayit Vegan (Waterman-Wise)	TELEPHONE: (02) 642-3366, 642-0990
Ein Kerem	(02) 641-6282
Jerusalem Forest (Zippori Center)	(02) 675-2911
Beit Bernstein, Agron/Keren Hayesod	(02) 625-8286
Jerusalem Old City	(02) 628-8611
Beit Shmuel, 13 King David	(02) 620-3456, 620-3467
Yitzhak Rabin	(02) 649-0141/9

### THE GALILEE

Tel Hai - Doar-Na 12210	TELEPHONE: (04) 694-0043
Rosh Pina, Rehov Ha'Halutzim	(04) 692-1086
Safed, 1 Lohamei Ha-Getaot (Beit Benyamin)	(04) 692-1086
Tiberias (Meyouhas)	(04) 672-1775
Shlomi	(04) 980-8975
Peki'in	(04) 957 4111

### ALONG THE SHORE

Acre	TELEPHONE: (04) 991-1982
Ramat Yohanan, "Young Judea", Kfar Hamakabia	(04) 844-2976

Haifa "Carmel" (04) 853-1944  
Petah-Tikva (Yad La'banim) (03) 922-6666  
Tel-Aviv, 36 Rehov Bnei Dan (03) 544-1748, 546-0719

DEAD SEA AND THE SOUTH TELEPHONE:  
Ein Gedi (Beit Sara) (08) 658-4165  
Massada (Taylor) (08) 995-3222  
Arad (Blau Weiss) (08) 995-7150  
Mitzpe Ramon (Beit Noam) (08) 659-5187  
Eilat Youth-Hostel (08) 637-0088  
Eilat (Kibbutz Yahel) (08) 635-7911  
Beer Sheva (Beit Yatziv) (08) 627-7444

Other useful websites for travel inside Israel:

[www.weekend.co.il](http://www.weekend.co.il), [www.israelpoint.com](http://www.israelpoint.com), <http://www.holidayinIsrael.com/>

### **GUIDED TOURS**

Many types of guided tours are available. They range from public to private tours and from short to multiple day tours. Many of the museums listed in the museum section of this booklet also offer guided tours. **DO NOT FORGET TO ASK FOR A STUDENT DISCOUNT BY PRESENTING YOUR STUDENT I.D.**

EGGED BUS TOURS - TEL.: 02-530-4883

Jerusalem Municipality Tours

Free Shabbat walking tours in English are offered every week at 10:00am at the entrance to the Russian Compound, 32 Jaffo Road. The monthly schedule can be found in "Events in Jerusalem" published by the Municipality and in the Friday English newspaper supplements.

PRIVATE TOURS

For private tour guide recommendations see the HUC Director of Student Services.

ZION WALKING TOURS TEL.: 658-7866

Tours depart from the office opposite the police station inside Jaffa Gate. A Zion Walking Tours ticket gives you 20% discount on a visit to the Tower of David Museum. Tours are for four or more people. Less than four people may go on a tour, but may be asked to pay more money. Zion Walking Tours offers the following:

The Four Quarters of "The Old City"

Daily 9:00am, 11:00am, 2:00pm

Mount of Olives & Gethsemane/Mt. Zion

Mon. 2:00pm, Thurs. 9:00am

Southern Wall- Herodian Quarter Excavations

Thurs. 2:00pm

The Underground City  
Wed. 2:00pm

Jewish Jerusalem Through the Ages- Old City Synagogues  
Tues. 9:00am

Mea She-arim – Bukharan Quarter  
Tues. 2:00pm, Fri. 9:00am

City of David Excavations  
Mon. 9:00am

Tunnel Tour  
Western Wall Heritage Foundation, 2 HaOmer Street, Old City  
Tel: (02) 627 1333

SOCIETY FOR THE PROTECTION OF NATURE IN ISRAEL (SPNI)

9 Helena HaMalka St . Tel.: 02-624-4605

To visit less trodden paths in and out of Jerusalem it is well worth joining the SPNI (Ha'Hevra le'Haganat Ha'Teva), whose tiyulim are unique. Many of their hikes on foot and day trips are free - including Shabbat morning walks. Ask about the "Salatim" (acronym for Siyur le'lo Tashlum or free tour) - which are open to all who show up at the advertised meeting point. Excursions are reasonable. THERE ARE CURRENTLY NO TOURS IN ENGLISH.

The main purpose of the Society is to protect the natural wildlife of the countryside. The guided hikes and tours are arranged for nature lovers who are also hardy walkers. You cannot beat their Off-The-Beaten Track tours, which take you to some of the most inaccessible places. These tours usually involve a few hours of solid hiking.

## **SHOPPING**

Most stores in West Jerusalem are open from 9:00am - 7:00pm. The Mall closes at 10:00pm. Some are closed on Tuesday afternoon. All stores also close early on Friday, around 3 hours before Shabbat, and are closed on Saturday until after Shabbat. Note that not all stores may open on Saturday night. Shops in the Old City and East Jerusalem remain open Saturday, but Moslem and Christian establishments close on Friday and Sunday, respectively. Check with the individual stores to determine their operating hours.

### A GENERAL GUIDELINE FOR STORE HOURS:

Neighborhood grocery stores are usually closed between 1:00-4:00pm (Supersol, 1 Agron St., is open 24 hours on Wednesday and Thursday nights, and until midnight on Sunday, Monday and Tuesday evenings)

Hairdressers, barbers and beauty parlors are closed Mondays.

Post Office branch offices may vary, some staying open continuously until 6:00pm while others close at mid-day or Tuesday afternoon.

See the "Banking" Section for general information about banking hours.

NOTE: There is a 16.5% Value Added Tax (VAT) on all goods and services which, by law is included in the final price. At certain stores, if the purchase is more than \$200, the VAT will be refunded to you at the airport when you leave the country. Make sure that you have the proper paper work and receipt and that you present these receipts at the airport "with the purchases in hand" (to prove that you purchased them to take out of the country). As a general rule, most stores do not give cash refunds for goods returned but may give store credit or an exchange.

## **COMPUTERS**

A computer store with a good reputation on Janglo is "Tzag" which has recently moved from City Center area to Talpiyot. Tzag is now located on 14 Ha'Uman accessible via the 14 bus. The new phone number is 1-700-501-801. There is also the BUG store on Hillel St. and Best Byte Laptop Center (run by Americans), 24 Bezalel St, 02-622-2221 or 054-819-1915.

## **GROCERIES**

You may find it useful to buy a shuk cart, a shopping trolley on wheels. Plastic bags are usually provided but can get unwieldy. Sturdier plastic bags can also be purchased at the larger food stores. There may be several small "makolets" (small grocery stores) in your neighborhood or at the Machaneh Yehuda shuk. Prices on subsidized food items such as milk, bread and yogurt are the same in almost all places, but other prices vary.

Jerusalem's American-style chain markets, Supersol, Co-op, Hypercol, and Supermarket, offer a wider variety of items than the makolets. They will also deliver orders to your home for a minimal charge. Be

prepared to bag your own groceries.

Produce can be found in some of the makolets and the supermarket, as well as in Machane Yehuda (buses 6, 21 & 48 from HUC or buses 7, 31 and 32 from Keren Hayesod St.) where they are generally cheaper and of better quality.

Certain foods may also be difficult to locate in Israel or may be used differently.

One element which many students struggle with is feeling connected to Israeli society outside of HUC. One way to make a connection to your neighborhood is through your local makolet. Shopping there regularly will allow you to get to know the shop owner and some of your neighbors. It will also allow you to support a small, local business.

There is a trend in the Reform movement of embracing the ideals of eco-kashrut, long central in Jewish Renewal and Reconstructionism. Especially in Israel, where keeping kashrut is so easy and accessible, some people seek out an alternate way to add meaning and consciousness to their dietary habits. Eco-kashrut seeks to do this through awareness of where the food you eat comes from (import vs. export, large scale production vs. local farm), how it is harvested (immigrant vs. local labor forces), how animals are treated (free range vs. pen feeding), and about the impact of food stuffs on the environment (eating food in its season). Much eco-kashrut comes from a pro-vegetarian perspective. In Israel where fresh fruits and vegetables are so readily available, there is a great opportunity to try out not only some very odd looking food items (kohlrabi??), but also new ways of eating in addition to blessings and birkat.

## **HELPFUL FOOD TIPS:**

### COOKING

Try making something new and different using the current in-season fruits and vegetables you see readily available at the shuk, makolets and markets. For an endless supply of recipes, try

[Recipezaar.com](http://Recipezaar.com), [allrecipes.com](http://allrecipes.com), [epicurious.com](http://epicurious.com). You can find recipes at these sites which come from the Mediterranean and the Middle East. Cooking local cuisine with the local foods and spices may be different than what you are used to but is an excellent way to feel part of the world here as well as to feel successful as a cook. Muffins made from Israeli flour and sugar just are not the same. Whereas Fattoush (a cucumber-pita salad) comes out great every time.

### BAKING

- Israeli flour is fine, add more when the recipe calls for oil.
- The baking powder is not double acting, use twice as much.
- Cornstarch is called corn flour and found with baby food items.
- Baking soda is called Drinking Soda.
- To make equivalent of 1oz. of baking chocolate, mix 3 tablespoons of cocoa powder with one tablespoon margarine or butter.
- Cream is shamenet, Sour Cream is shamenet chamutzah one carton = 2/3 cup.
- Condensed soup for recipes can be made by using 2 packages of instant soup with water for one.
- Most brown sugar and powdered sugar brands are coarser than the equivalent U.S product.
- Powdered Sugar for topping cakes is called "Avkat Sugar" and comes in small paper packets.
- Baking powder and baking soda (called drinking soda) are sold in small sachets.

- Baking Chocolate is “sweetened” and is found with the candies; this chocolate differs from the unsweetened bakers-chocolate in the US.
- Sweet Condensed Milk is available in white cans or tubes.

#### FRUITS

- Clementines - Green and orange fruits that are peeled and taste like nectarines.
- Shehsek (loquats) - Eat all but the seeds.
- Palmello- Grapefruit-like fruit, sweeter but not as juicy as grapefruits.
- Passionfruit, guava, kumquat, lychee

#### MEAT

- Almost all meat is kosher, but not necessarily muchshar.
- “Hodu Adom” is “red turkey” meat that is an excellent substitute for beef or chicken in many recipes.
- Basar Lavan or “white meat”, although not common, refers to pork.

#### DAIRY PRODUCTS

Israeli cheeses may differ from what you are used to. Sour Cream is called “shamenet”. White Cheese is more like “cheese spread” and does not have the same consistency as Philadelphia Cream Cheese in the States; Symphony Cheese is more similar to Cream Cheese. Cheese can be purchased in the dairy case, at the deli counter or at Mahane Yehudah. Long lasting milk comes in cartons and doesn’t need refrigeration until opened.

THE FOLLOWING DESCRIPTIONS MAY HELP YOU FIND AN EQUIVALENT TO YOUR FAVORITE CHEESE:

**Bashan:** Smoked, made from sheep’s milk. Piquant, smoky flavor, like Italian Provolone; good for sandwiches/snacks; cylindrical shape with red rind; sold by weight & pre-sliced in packages.

**Brie:** Very much like French Brie, member of French Camembert family, comes in triangular shape box, produced from cow’s milk; use with bread or crisp crackers.

**Cheddar:** Made with cow’s milk, sold by weight or in 200gm packages.

**Ein-Gedi:** Camembert French type, low fat, made from cow’s milk. Sold in round box with foil wrap, serve with dry table wine.

**Emek:** From Dutch Edam family, made of cow’s milk, frequently used for sandwiches, can be used for cooking or baking. Sold by weight or pre-sliced in 200gm packages.

**Galil:** Made from sheep’s milk, with green veins, similar to French Roquefort. Has piquant flavor, excellent for dips and spreads. Sold by weight or in 200gm packages.

**Gilboa:** Semi-fat, made from cow’s milk, Dutch Edam family; tasty for plain or toasted sandwiches; sold by weight or pre-sliced in 150gm packages.

**Gilead:** Made from sheep's milk, Balkan kashkaval, sharp piquancy; can be used for cooking, baking, sandwiches or snacks; sold by weight.

**Golan:** Sheep's milk base; resembles Italian Provolone, not smoked; used in sandwiches, pizza and pastry; sold by weight.

**Gush-Halav:** Made from cow's milk; taste and aroma of Dutch Edam; especially good in sandwiches, plain or toasted, sold by weight or pre-sliced packages of 200gm.

**Kol-Bee:** Low-fat, made from cow's milk; similar to Dutch Gouda; can be eaten as is, with drinks, in sandwiches, for cooking or pastry; sold by weight.

**Parmesan:** Very dry, made from cow's milk; sold by weight or in cartons.

**Tal Ha'emek:** Resembles Swiss Emmental; distinctive, delicate, slightly sweet taste; can be used as accompaniment to beverages, with vegetable/fruit sold by weight/pre-sliced packages.

**White Cheese:** Similar to soft spread Philadelphia Cream Cheese. Comes in round containers in 9%, 5%, and 1% fat. Use with bread or crackers, in dips.

#### COOKBOOKS (A SMALL SELECTION)

Delights of Jerusalem, by Rina Valero, Jerusalem, Nahar and Steimatzky Pub., 1984

Israeli Cooking on a Budget, by Sybil Zimmerman, 1987

Popular Food from Israel, by Ruth Sirkis, 1988

The Sephardic Kosher Kitchen, by Suzy David, Jerusalem, Keter Publishing, 1984

Yemenite and Sabra Cookery, by Naomi & Shimon Tzabar, Tel Aviv, Sadan Pub., 1963

#### NATURAL FOOD STORES

Bishvil Hateva

32 Emek Refaim.

Nitzat HaDuvdevan

83 Agrippas.

The Natural Choice

111 Agrippas – large variety of special breads and baked goods

#### **CLOTHING**

There is good-quality Israeli-made clothing but for a price. The best sales time, if you are not in dire need, is in February/March for winter clothing and in July/August for summer clothing. Sale prices can be as amazing as 50% off for well-made items. Sweaters and cotton clothes are especially recommended. Try Mahogany or Castro on King George St. and Golf on Ben Yehuda. Discount outlets, such as Polgat and H&O can be found in the Talpiot Industrial Zone (buses 6, 21).

#### SHOPPING MALLS (CANYON)

Malcha

Buses: 6a, 4a, 24 & 31

Talpiot- Industrial Zone

Bus: 14

#### **BEAUTY SALONS AND BARBERSHOPS**

Prices are similar to those in the States. Downtown and hotel prices are the highest. Neighborhood

salons are less expensive. Tipping of at least 12% is customary. Some suggestions are:

<b>BUSINESS</b>	<b>ADDRESS</b>	<b>TELEPHONE</b>
Charlie	8 Mordechai Ben Hillel	625-5466
Dave's	60 Derech Bet Lechem	671-1462 (student discounts)
Hair-cutting School	1 Hillel St.	624-0171 (Dina)
Moshe Soval	41 Azza St.	567-0670
Ronnie Levy's	Keren Kayemet St.	561-1506
Raffles	7 Mesilat Yesharim St.	624-8536 (Toni/Alan)
Lydia (waxing)	8 Aliyash Street	624-1351

## **BOOKSTORES**

Jerusalem has a multitude of bookstores. Keep in mind that when books are published overseas and imported into Israel, an import tax is paid and thus they will cost more. Meaning, a book published in the States will cost more in Israel than in the States and visa-versa for an Israeli published book sold in the States.

THE FOLLOWING ARE SOME BOOKSTORES IN AND AROUND TOWN:

### ACADEMON - THE HEBREW UNIVERSITY BOOKSTORE

Givat Ram Campus

Tel.: (02) 566-3644

Mount Scopus

Tel.: (02) 588-2161

### BEN ARZA

12 Rehov Habad - Old City

Tel.: (02) 627-2795

### JBC- JUDAIC BOOK CENTER - HUC STUDENT DISCOUNT

5 Even Israel St.

Tel.: (02) 622-3215

Off Agripas St., near the junction of King George and Yaffo St.

### LEV GE'ULA

11 Yehezkel St.

Hours: Sun. - Thurs.:

8:00am - 8:00pm

Cheapest Hebrew-books. No English books.

### LICHTENSTEIN'S

36 Strauss St.

Tel.: (02) 537-0818

Hours: Sun. -Thurs.:

8:30am-1:30pm; 4:00pm-7:30pm.

### LUDVIG MAYER LTD.

4 Shlomozion Hamalka St.

Tel.: (02) 625-2628

Hours: Sun., Mon., Wed., Thurs.:

9:00am - 6:00pm

Tues. & Fri.

9:00am - 1:00pm

### MAGNES PRESS

Sherman Bldg., Givat Ram Campus, Hebrew Univ.

MORIAH BOOKSTORE - 20% HUC STUDENT DISCOUNT

32 Misgav Ladach St.

Old City near stairs to the Kotel Hours:

Sun-Thurs.:

Tel.: (02) 628-5267

10:00am-8:00pm

MOSAD BIALIK

37 Pierre Koenig St.

Hours: Sun. – Thurs.

Tel.: (02) 678-2802

7:30am – 4:00pm

MOSAD HARAV KOOK

1 Rechov Maimon, Kiryat Moshe

Tel.: (02) 652-6231

OR HATZAFON

17 Mea Shearim

2<sup>nd</sup> Floor, Wolfson Building, 9 Diskin Street,

Tel.: (02) 537-5623

Tel.: (02) 563-5244

POMERANZ - HUC STUDENT DISCOUNT

4 Shmuel HaNagid St.

Hours: Sun- Thurs.:

Sat. nights:

Tel.: (02) 623-5559

10:00am-7:30pm

till 11:00pm

58 Habad, Old City

Tel: 626-0719

REUVEN MASS

7 HaAyin Chet

Tel.: (02) 627-7863

SCHOCKEN INSTITUTE

6 Balfour St.

Tel.: (02) 563-1288

STEIMATZKY'S

9 King George, 7 Ben Yehuda, 39 Jaffa Road

TAMIR

44 Jaffa Road, Emek Refaim

Tel.: (02) 625-0717

TZOMET SEFARIM

ROOT AND BRANCH - INTERNATIONAL MAIL ORDER DISCOUNT JEWISH BOOK SERVICE

Aryeh-Gallin, 8 Eliash St.

Tel.: 623-4483

Catalogue service that offers discounts of 10%-20% and a VAT exemption for books shipped abroad.

Call or write for a free catalogue (also on E-Mail).

ENGLISH BOOKS can be found at Steimatsky's Bookstores throughout the country.

SEFER-VE-SEFEL

2 Yavetz St

Specializing in Used Books

Tel.: 624-8237

## **POSTERS**

Happening	Ben Yehuda St. (upstairs)
Israel Museum	
Israel Press Office	Hillel St. (in Tower Air building)
Israeli Poster Center	29 King George Street

## **SCHOOL SUPPLIES**

Academon	Mt. Scopus and Givat Ram campuses
Graphos	35 Ben Yehuda St. (corner Bezalel)
Kravitz	12 Luntz Street
Moked	25 King George St.- ask for discount card for HUC students

## **GIFTS & JUDAICA**

Gans	8 Rivlin St. <a href="http://www.gans.co.il">www.gans.co.il</a>
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## **RELIGIOUS ARTICLES**

There are so many religious articles, you will have your choice and then some. Ben Yehuda, Yaffo St., Yoel Solomon, Mea Shearim, and The Cardo (in the Jewish Quarter) are where a majority of religious article store can be found.

The following are just a few merchants:

### **NAME:**

### **ADDRESS:**

Argaman	Jewish Quarter, Old City
Ethiopian Cottage Industry	c/o AACI (Tel.: 561-7151)
Gabrielli	beautiful talitot, Yoel Solomon and in Old Yaffo (Tel Aviv)
Glass Factory	a couple blocks off the main road in Mea Shearim
Jerusalem House of Quality	Derech Hebron St.
Karen Kleiman	Arts & Crafts Lane (hand woven tallit)
Markovitz	8 Mea Shearim St.
Olivewood Factory.	Mea Shearim St.
Talitani	78 Mea Shearim St. (tallit)
Tarshish	King David St.- across from HUC - HUC discount Teitlebaum's Yaffo and Shlomzion HaMalkah Streets
The Cardo	Jewish Quarter, Old City
Shirzei Kodesh Arts and Crafts Lane	Tel.627-4293 (tallit, weavings)
Shoshana	6 Tifereth Israel St., Old City
Yad l'Kashish	Shivtei Yisrael St (LifeLine for the Aged Arts/Crafts)
Yad Sarah	124 Herzl Blvd, Ein Kerem (Tzedakah Arts/Crafts)

# **Section IV: Additional Resources**

## MORE RESOURCES

On reserve in the Abramov Library are many books including “The Dorot Guide to Jerusalem”, a booklet with more details of places to go and where to shop.

OPEN HOUSE, 7 BEN YEHUDA, (02) 625-3191

GLBT community center, providing women’s groups, transgender groups, etc. HUC students volunteered there as well as led and planned Kabbalat Shabbat services there.

HEARING IMPAIRED RESOURCE: MICHA (02) 623-2021

### ANIMALS:

#### Veterinarian:

Emek Refaim Veterinary Clinic (02) 561-0075 or 064-489-699

8 Emek Refaim. Dr. Tamar Ben Zvi and Dr. Zvi Fleishman,

You can make a 250 NIS donation here to pay for the neutering/spaying of one stray Jerusalem cat

#### Kennel:

Harei Yehuda (02)533-0144 or 050-5291-349

Great place outside Jerusalem; they will come and get your dogs and bring them back to you

#### Dog groomer:

Anna Brianan, (02) 676 5367 or 054-4871-840

800 Tzvia Yitzchak, Gilo

She will come get your dog & bring it back

Little dogs: 110 NIS without bath, with bath 130 NIS

Big dogs: 150 NIS and up depending on the size

#### Premium dog food

Emek HaChaiyot HaKasoom, 42 Emek Refaim

#### Pet Shop:

Hayorah Park (02) 563-5070

2 Kovshei Katamon

Free Delivery

## CONVERSION TABLES

Most clothing and shoe stores will be able to help with converting American and European sizes. Israel follows the “Metric” or “European” system, so you will be using “kilograms”, “meters” and “centimeters”. The following tables have been provided for your ease:

### WOMEN:

Blouses / Sweaters		Coats / Dresses / Skirts		Shoes	
U.S.	Israeli	U.S.	Israeli	U.S.	Israeli
32	40	8	36/38	5	35
34	42	10	40	6	36
36	44	12	42	7	37
38	46	14	44	7.5	38
40	48	16	46	8	39
42	50	18	48	9	40
44	52			9.5	41
				10	42

### MEN:

Shirts / Sweaters		Coats / Suits / Pajamas		Shoes	
U.S.	Israeli	U.S.	Israeli	U.S.	Israeli
14	36	36	46	6	38
14.5	37	38	48	6.5	39
15	38	40	50	7	40
15.5	39	42	52	8	41
16	41	44	54	9	42
16.5	42	46	56	10	43
17	43	48	58	10.5	44
				11	46

### WEIGHT

1 kilogram	= 2.2 lbs.
454 grams	= 1 lb. (16 oz.) 3.785
100 “	= 3 ½ oz.
28.3 “	= 1 oz.

### CAPACITY

4.544 liters	= 1 imperial gallon
“	= 1 U.S. gallon
1.366 “	= 1 imperial quart
.946 “	= 1 U.S. quart
1.000 “	= 1.76 pints
0.568 “	= 1 imperial pint
1 quart	= 2 pints
1 pint	= 2 cups
1 cup	= 8 oz.

### LENGTH

1.609 kilometer	= 1 mile
1 kilometer	= 0.62 miles (5/8 mile) = 1094 yard = 3281 feet
1 meter	= 39.37 inches

91.5 centimeter = 1 yard  
 30.5 " = 1 foot  
 2.54 " = 1 inch  
 1 centimeter = .3937 inch (3/8)  
 4 dunams = 1 acre  
 10 dunams = 1 hectare (2.47 acres)

**YARD GOODS**

90 centimeters = 1 yard  
 140 centimeters = 55 inches

**BODY TEMPERATURE**

37 Centigrade = 98.6 Fahrenheit  
 37.5 " = 99.5 "  
 38 " = 100.4 "  
 38.5 " = 101.3 "  
 39 " = 102.2 "  
 39.5 " = 103.1 "  
 40 " = 104.4 "

**ATMOSPHERIC TEMPERATURE**

0 Centigrade = 32 Fahrenheit  
 5 " = 41 "  
 10 " = 50 "  
 20 " = 68 "  
 25 " = 77 "  
 30 " = 86 "  
 35 " = 95 "

**OVEN TEMPERATURES**

300 Fahrenheit (low)	= 150 Centigrade (Celsius)	Gas Mark 2
350 " (moderate)	= 175 "	Gas Mark 3-4
400 " (hot)	= 200 "	Gas Mark 6
450 " (very hot)	= 230 "	Gas Mark 8

**SPEED CONVERSIONS:**

Yards to meters	Take away one tenth
Meters to yards	Add one tenth
Miles to kilometers	Multiply by 8 and divide by 5
Kilometers to miles	Multiply by 5 and divide by 8
Pounds to kilograms	Take away a tenth and halve
Kilograms to pounds	Add a tenth and double
Imperial gallons to liters	Multiply by 9 and divide by 2
Liters to Imperial gallons	Multiply by 2 and divide by 9
Fahrenheit to Centigrade	Take away 27 and divide by 2 (rough)
Centigrade to Fahrenheit	Multiply by 2 and add 27

# IMPORTANT TELEPHONE NUMBERS

## EMERGENCY NUMBERS

Magen David Adom - ambulance and emergency medical 101  
Police 100 or 539-1111  
Fire 102 or 678-9401  
City Information & Complaints Center- Open 24 hrs, 365 days a year 106  
Call for complaints about city problems and repairs- roads, water mains, sanitation, traffic lights, dead animals, etc. They also have information about pharmacy hours and hospitals.

## MUNICIPAL EMERGENCIES:

Electricity 103  
Water 565 1255  
Sanitation 629-5302/7738

## MUNICIPAL SERVICES

HADBARA - pest control. 106

ARNONA (02) 629-6333  
For queries regarding water, taxes, school tax.  
Hours: Sun., Mon., Wed., Thurs.: 8:00am - 2:30pm  
Tues.: 8:00am - 2:30pm, 4:00pm - 6:00pm

WATER (02) 565 1255  
Burst pipes, water stops, drainage problems. Open 24 hours/day

CITY INSPECTOR (02) 629-7748  
You can complaint to them about cleanliness and order of public places, stores parking tickets or booting your car. You must pay them to get your car open.  
Hours: Sun.-Thurs. 8:00am - 4:00pm.  
(After 4:00pm call - 106).

TOURISM (02) 625-8844  
Info about the city, events, trip recommendations.  
Hours: Sun.-Thurs.: 8:30am - 5:45pm  
Fri.: 8:30am: - 1:45pm

SPORT (02) 625-1005  
Information on sports activities and groups, summer camps, youth groups, school and neighborhood activities.  
Hours: Sun.-Thurs.: 8:00am - 4:00pm

PUBLIC RELATIONS AND HASBARAH (02) 624-1379

Information on municipality, trips, etc

Hours: Sun.-Thurs.:

8:30am - 4:00pm

### **PUBLIC SERVICES**

Bikur Cholim Hospital	646-4111
Hadassah Hospital- Mount Scopus	581-8111
Hadassah Hospital- Ein Kerem (Emergency)	677-6555
Shaare Zedek Hospital	655-5111
U.S. Consulate	628-2452
Telephone Information	144
Overseas Operator	188
Telephone Repairs	166, 164
Ben Gurion Airport Arrivals (in English)	(03) 972-3344

### **WOMEN'S EMERGENCY NUMBERS**

CENTRAL MEDICAL CENTER (MARAM) - KUPAT CHOLIM KLALIT

Strauss St.,

Hours:

Sun., Tues. & Thurs.:

7:00pm - 12:00pm

Wed., Fri., holiday eves and weekdays:

4:00am - 12:00am

Shabbat & holidays:

1:00pm – midnight

EFRAT

02 653-6212

Counseling and advice for pregnant women with health problems

NAAMAT CENTER

02 561-0608

Counseling and advice for those experiencing family violence

RAPE CRISIS CENTER

1202, 02 625-5558

Shiloh

02 625-8841

Hotline for pregnancy and contraception

WIZO

<http://www.wizo.org.il>

(Women's International Zionist Organization for an improved Israeli society)

KOL HA-ISHA

(02) 622 2455, (02) 625 6187

Jerusalem Center

38 Ben Yehuda Street

E-mail: [kolisha@netmedia.net.il](mailto:kolisha@netmedia.net.il)

Provides women with the support and resources needed to address their immediate and long-term social, legal and emotional needs in a caring, confidential environment. In addition, the Centre's Community Support/Empowerment Groups provide support to women in a variety of situations.

## **YOUTH SERVICES AND INFORMATION**

CENTER FOR COUNSELING (High School Students)	(02) 623-1173
GREEN HOUSE Open house for fun and advice for children up to age 3 and parents	(02) 566-3591
HOUSE FOR EVERY CHILD Advice for adopted children & adoptive parents	(02) 624-5030
JERUSALEM INSTITUTE FOR YOUTH COUNSELING	(02) 625-2564
MUNICIPALITY CENTER FOR YOUTH	(02) 643-3882
MA'ANE Center for Counseling and Guidance for Youth age 14-18	(02) 624-7422
SINGLE PARENT INFORMATION & COMMUNITY CENTER Hours: Sun.-Tues.:	(02) 561-0240 9:00am – 12:00pm

## **ELDERLY AND CHILDCARE SERVICES**

Department for the Care of the Elderly	(02) 652-5227
National Council for Protection of Children	(02) 625-6102

## **FAMILY SERVICES**

Center for Care in Family Violence Hours: Sun.-Thurs.:	(02) 652-1183 8:00am-12:00pm
Marriage Communication - Talk groups	(02) 624-5675
Marriage and Divorce Counseling - Hours: Mon.- Wed.: 4:30pm - 6:30pm	(02) 625-3641
Shalsholet - institute for marriage counseling	(02) 624-5675
Shiluv - institute for counseling for family and couples	(02) 625-1390
WIZO - family counseling	(02) 625-3641

## **MENTAL HEALTH SERVICES**

Mental Health Emergencies - 24 hour service	(02) 569-8922
MiLev Crisis Hotline - 24 hour service to English speakers	(02) 654-1111/1-800-654-1111

## HEBREW UNION COLLEGE-TELEPHONE NUMBERS

Switchboard/Reception	620-3333
Security	HUC 620-3313, Beit Shmuel 620-3454
FAX	625-1478
Michael Marmur	6203332, 672-3518 (H), 057-2220801
Naamah Kelman	6203365, 561-9761 (H), 057-2255437
Shaul Feinberg	6203305, 533-5373 (H), 054-4715475
Eli Schleifer	6203236, 678-9541 (H) 054-7689549
Nancy Lewitt	6203326, 672-0543 (H), 057-2255436
Helen Linden	6203306
Ruti Fisher-Bach	04 6380483 (H) 054-4288532
Rose Ginosar	5704422 (H), 054-2003914
Sima Haruv	6206231, 5821429 (H) 050-6282103
Irit Haskel Shaham	6566699(H) 052 4422528
Rose Ginnosar	5704422(H), 054-2003914
Tamar Havilio	6203232, 5669078 (H), 050-5759663
Sally Klein-Katz	6735665 (H)
Jeremy Leigh	6726694 (H)
Yossi Leshem	6203239, 6798027 (H)
David Levine	6203388, 5635564 (H)
Paul Liptz	6203233, 6711491 (H) 050-5651770
Amira Meir	6203251, 5336937 (H) 050-5416688
Dalia Marx	6203366, 5328605 (H)
Dave Mendelsson	6206233, 5333823 (H) 052- 3838934
Zohara Pardes-Feinstein	6203235, 08-9287043 (H) 050-9030870
Dalit Rom-Shiloni	6288255 (H) 050-5917240
Rachel Sabath-Beit Halachmi	6203285, 5663605 (H) 052-3389883
Hanna Saggie	6203237, 6735699 (H) 050-7707826
Hanna Shafir	6203238, 586-8133 (H) 054-7603866
Moshe Silberschein	6203231, 6722357 (H), 050-8610225
Maayan Turner	6448955(H), 050-6707450
David Wilfond	6203392, 054-2134054

E-Mail: HUC addresses are the first letter of the first name, last name and @huc.edu

E.g.- Helen Linden [hlinden@huc.edu](mailto:hlinden@huc.edu)

## **ADDENDUM: Examples of Bills**

### **ELECTRICITY BILL**

**WATER**

**BEZEK TELEPHONE BILL (PAGES 1 AND 2)**

**INTERNET PROVIDER**

Goldenlines: receipt for a monthly standing charge, automatically paid by credit card.

