



HEBREW UNION COLLEGE - JEWISH INSTITUTE OF RELIGION

**KALSMAN INSTITUTE**  
*on Judaism & Health*

3077 University Ave. • Los Angeles, CA • 90007  
213-765-2149 • www.huc.edu/kalsman

**KALSMAN INSTITUTE ROUNDTABLE ON JUDAISM AND HEALTH RESEARCH**  
**ROUNDTABLE RETREAT, JANUARY 30-FEBRUARY 1, 2011**

Below you will find:

1. Description of the Roundtable Retreat
2. Retreat Agenda
3. List of Roundtable Members
4. Link to Article in L.A.'s *Jewish Journal*

**Description of the Roundtable Retreat**

The Kalsman Institute Roundtable on Judaism and Health Research, funded by the John Templeton Foundation, brought 30 Jewish leaders together across religious streams and professional disciplines to build the field of Judaism and health. From January 30-February 1, 2011, Michele Prince, director of the Kalsman Institute, brought rabbis, researchers, and medical professionals assembled from universities, medical centers, synagogues, and Jewish community organizations to launch new projects, research concepts, and partnerships to build a scholarly foundation for work in Judaism, health, healing, and medicine.

Since the retreat, the Kalsman Institute is moving forward with many project ideas discussed at the event. Two 2012 conferences are in planning: an interdisciplinary public conference on Judaism and health in Los Angeles, as well as a smaller pastoral educator conference in New York. The institute is in the process of writing a white paper and article for publication, which will summarize the efforts of the Roundtable and delve into the priorities for emerging scholarship in this field.

The Kalsman Institute is invited to submit a second grant proposal to the John Templeton Foundation for 1.5 million dollars to conduct research based on the information gathered throughout the past year and at the retreat. Dozens of research ideas and project themes surfaced during the course of the retreat ranging from interest in the efficacy of Jewish rituals for healing, to attempts to obtain a snapshot of the overall health of North American Jewry. The Roundtable continues scholarly deliberations in the focus areas of pastoral education, bioethics, the health-care system, spirituality and healing, and responses to illness and wellness specific to the Jewish population, all across the spectrum of Jewish life and practice.



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**Kalsman Research Roundtable Retreat**  
*Brandeis-Bardin Campus Conference Center*  
**January 30 – February 1, 2011**

**SCHEDULE**

Arrival Time                      Sunday, January 30, 2:00 pm  
Departure Time                  Tuesday, February 1, 2:00 pm

**Sunday, January 30**

2:00 pm                      Registration

2:30 pm                      Welcome and Opening Remarks  
**M. Prince**

                                    Session 1  
                                    Panel Discussion: “The Connections Between Judaism and Health”  
**Panelists: J. Levin, D. Friedman, K. Pargament**

3:30 pm                      Session 2  
                                    Small Group Breakout Discussion Sessions: “Building a Field”  
**Breakout Facilitators: G. Silverman, S. Weber, N. Wiener, D. Kohn, D. Teutsch**

5:00 pm                      Mincha/Ma’arav and “A Walk in the Woods”  
**Walk in the Woods: G. Goldman**  
**Mincha/Maariv: L. Sharzer**

6:00 pm                      Dinner  
*Motzi and Birkat Hamazon: J. Weiner*

7:30 pm                      Session 3  
                                    Guest Speaker: “Issues of Meaning”  
**D. Wolpe**

9:00 pm                      Evening Festivities around the Campfire

*Sunday’s Guiding Question:*

What are the priorities for scholarship focused solely on the Jewish community and constructed explicitly to compare and contrast Jews to members of other faith traditions?

**Monday, January 31**

7:00 am	Breakfast
8:00 am	Morning Tefila, Torah Service and Study <b>Pseuk and Shacharit: E. Dorff</b> <b>Torah Service: D. Teutsch</b> <b>Torah Readings: S. Weintraub</b> <b>Torah Learning: W. Cutter</b> <b>Gabbi: D. Kohn</b>
9:30 am	Session 4 Panel Discussion: “Current Research Projects” <b>Panelists: D. Spruijt Metz, D. Rosmarin, K. Pargament, P. Wolpe, S. Matlins, M. Weigensberg</b> <b>Moderator: J. Levin</b>
12:00 pm	Lunch <i>Motzi and Birkat: A. Brener</i>
1:00 pm	“A Walk in the Woods” or Guided Meditation <b>A Walk in the Woods: G. Goldman</b> <b>Meditative Mincha: A. Brener</b>
2:30 pm	Session 5 Small Group Breakout Discussion Sessions: “Future Research Project Priorities” <b>Facilitators: R. Address, N. Epstein, S. Matlins, S. Weintraub</b>
4:30 pm	Break/Tefila <b>Maariv: L. Sharzer</b>
6:00 pm	Dinner <i>Motzi and Birkat Hamazon: D. Friedman</i>
7:30 pm	Session 6 Group Discussion: “One Community, Many Paths” <b>D. Ellenson, B. Artson, D. Teutsch</b>
9:00 pm	Dessert Reception

Monday’s Guiding Question:

How is Jewish religious diversity a factor to consider in the relationship between Judaism and health?

<b>Tuesday February 1</b>
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7:00 am	Psalm Study <b>Psalm Study in memory of Debbie Friedman z”l: W. Cutter</b>
7:30 am	Tefila <b>Morning Service: N. Wiener</b>
8:15 am	Breakfast
9:30 am	Session 7 Small Group Breakout Discussion Sessions: “Imagining the Priorities” <b>Breakout Facilitators: G. Silverman, E. Salend, B. Glickstein, L. Sharzer</b>
11:00 am	Session 8 Group Discussion: “Raising Awareness and Educating the Next Generation” <b>M. Friedman, N. Wiener, D. Friedman</b>
12:30 pm	Working Lunch <i>Motzi and Birkat Hamazon: N. Epstein</i>
1:30 pm	Session 9 Closing Discussion: “Next Steps and Making an Impact” <b>M. Prince, J. Levin</b>
2:00 pm	Departure

*Tuesday’s Guiding Question:*

Who are the potential partners, benefactors, and constituents for a scholarly field of Judaism, health, and healing?

List of Roundtable Members

Kalsman Institute on Judaism and Health: Roundtable Participant List

Last Name	First Name		Title	Institution
Address	Richard	Rabbi, DMin	Consultant-Specialist	URJ
Artson	Bradley	Rabbi, DHL	Abner and Roslyn Goldstine Dean's Chair, Vice President	Ziegler School of Rabbinic Studies, American Jewish University
Brener	Anne	Rabbi, LCSW, MAJCS	Psychotherapist	Yedidya Center
Dorff	Elliot	Rabbi, PhD	Rector, Sol & Anne Dorff Distinguished Service Prof. In Philosophy, Co-Chair Bioethics Dept.	Ziegler School of Rabbinic Studies, American Jewish University
Ellenson	David	Rabbi, PhD	I.H. and Anna Grancell Professor of Jewish Religious Thought, and President	HUC-JIR NY
Epstein	Nancy	Rabbi, MPH	Associate Professor, Department of Community Health and Prevention	Drexel University School of Public Health
Friedman	Dayle	Rabbi, MAJCS, MSW	Director, Hiddur: The Center for Aging & Judaism	Reconstructionist Rabbinical College
Friedman	Michelle	MD	Founder and Chair, Department of Pastoral Counseling	Yechivat Chovevei Torah
Glickstein	Barbara	RN, MPH, MS	Co-Director	Center for Health, Media and Policy at Hunter College
Holo	Josh	PhD	Dean	HUC-JIR LA
Kohn	Douglas J.	Rabbi	Rabbi	Congregation Emanu El
Levin	Jeff	PhD, MPH	University Professor of Epidemiology & Population Health	Baylor University
Levine	Alexandra M	MD	Chief Medical Officer	City of Hope National Medical Center
Matlins	Stuart M.		Publisher and Founder	Jewish Lights Publishing
Pargament	Kenneth I.	PhD	Professor of Psychology	Department of Psychology, Bowling Green State University
Rosmarin	David H.	PhD	Postdoctoral Fellow	Harvard Medical School
Salend	Elyse	MSW	Program Officer	Archstone Foundation
Sharzer	Len	Rabbi, MD	Associate Director for Bioethics	Jewish Theological Seminary
Silverman	Gila	MPH	Doctoral Student	Dept. of Medical Anthropology, University of Arizona
Spruijt Metz	Donna	PhD	Associate Professor of Research	USC Institute of Health Promotion and Disease Prevention
Teutsch	David	Rabbi, PhD	Director, Levin-Leiber Program in Jewish Ethics and the Center for Jewish Ethics	Reconstructionist Rabbinical College
Weber	Sally	LCSW, MSW	Director of Jewish Community Programs and Special Needs Programs	Jewish Family Service
Weigensberg	Marc	MD	Director, Pediatric Endocrinology	County + USC Medical Center, LA
Weiner	Jason	Rabbi	Jewish Chaplain	Cedars-Sinai Medical Center
Wiener	Nancy	Rabbi	Clinical Director of the Jacob and Hilda Blaustein Center for Pastoral Counseling	HUC-JIR NY
Weintraub	Simkha	Rabbi, LCSW, MSW	Rabbinic Director	National Center for Jewish Healing
Weiss	Ruchama	PhD	Professor of Talmud	Hebrew Union College in Jerusalem
Wolpe	David	Rabbi	Rabbi	Sinai Temple