

Why/How Do Metaphors Matter?

A listing generated from ca. 35 participants in a workshop called “The Cast-Off Rock Became the Cornerstone: Metaphor and Meaning in Medical Journeys” at the Midrash & Medicine Conference of the Kalsman Institute on Judaism & Health of HUC-JIR and the Bay Area Jewish Healing Center.

Opens up creativity and imagination
Offers a common platform-language
Second chance
Captures the essence of an experience
Gives some distance to observe,
and makes connections
Identifies and utilizes particular culture(s)
Provides guidance and framework
Relieves uncertainty
Organizes many aspects of an experience
Piece things together
Provides perspective
Engages the listener
(Enables) Mirrirong with your own language
“Having a baby”
Relives the gravity of a situation
Can allow lightheartedness
Creates boundaries – encapsulates, contains
Multi-dimensional, many senses
Facilitates dialogue
Gives some safety
“Imaginal” healing
Naming the Unnamed